Bang My Head

Count: 64

Level: Intermediate

Choreographer: Stephen & Lesley McKenna (SCO) - April 2016

Music: Bang My Head (feat. Sia & Fetty Wap) - David Guetta : (Album: Now that's what I call music! 93)

Intro:- 16 co	unts, start on the word 'Bound' when she sings ' I was Bound'
	t side, touch, behind, side, L cross shuffle, R cross shuffle, ball, rock, recover
1-2	Step R to R side, touch L toe next to R
3&	Step L behind R, small step R to R side
4&5	Cross L over R, small step R to R side, cross L over R
6&7	Cross R over L, small step L to L side, cross R over L
&8-1	Small step L to L side, rock forward R into L diagonal, recover L
Section 2: R	R coaster step, ball, step, L samba, R samba
2&3	Turn 1/8 L stepping back R, step L next to R, step forward R (9 O'clock)
&4	Small step L next to R, step forward R
5&6	Cross L over R, step R to R side, step L in place
7&8	Cross R over L, step L to L side, step R in place (Travel forward slightly with Sambas)
Section 3: C	cross, unwind $\frac{1}{2}$ R, behind, unwind $\frac{1}{2}$ R, L shuffle forward, R shuffle back
1-2	Cross L over R, unwind $\frac{1}{2}$ R (weight on L)
3-4	Tuck R behind L, unwind $\frac{1}{2}$ R (weight on R – 9 O'clock)
5&6	Step forward L, step R next to L, step forward L
7&8	Step back R, step L next to R, step back R
Section 4: B	all, cross, unwind ¾ L, side rock, recover, behind, ¼ R, step, R sailor ¼ R
&1-2	Step L next to R, cross R over L, unwind ¾ L (weight on R – 12 O'clock)
3-4	Rock L to L side, recover R
5&6	Step L behind R, turn ¼ R stepping R, step forward L (3 O'clock)
7&8	Step R behind L, turn ¼ R stepping L to L side, step R to R side (6 O'clock) *Restart
Section 5: 1/	لا L flick, R shuffle forward, step, pivot ½ R, touch, L shuffle forward, step , pivot ¾ L, touch
1	Turn ¼ L stepping L as you flick R heel up (3 O'clock)
2&3	Step forward R, step L next to R, step forward R
4&5	Step forward L, pivot $\frac{1}{2}$ R stepping R, touch L next to R (9 O'clock)
483 687	Step forward L, step R next to L, step forward L
8&1	Step forward R, pivot ¾ L stepping L, touch R next to L (12 O'clock)
Section 6. P	abuffle ferward, etch, nivet 1/ D, tough, L, automated atom look
2&3	R shuffle forward, step, pivot ½ R, touch, L extended step lock Step forward R, step L next to R, step forward R
2&3 4&5	
	Step forward L, pivot ½ R stepping R, touch L next to R (6 O'clock)
6&7 &8	Step forward L, lock R behind, step forward L Lock R behind L, step forward L
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Section 7: R	R side shuffle, hinge ½ L, R side shuffle, hinge ½ L, R mambo
1&2	Step R to R side, step L next to R, step R to R side
3	Hinge ½ L stepping L to L side (12 O'clock)
4&5	Step R to R side, step L next to R, step R to R side
6	Hinge ½ L stepping L to L side (6 O' clock)



COPPER KNOB

Wall: 2

Section 8: Ball, toe strut, ball, cross, point, L sailor step, R sailor step, ball

- &1-2 Small step back L, touch R toe back, drop R heel (weight on R)
- &3-4 Small step L next to R, cross R over L, point L toe to L side
- 5&6 Step L behind R, step R to R side, step L to L side
- 7&8& Step R behind L, step L to L side, step R to R side, step L next to R

*Restart – During wall 3, dance section 4 then step L next to R and restart the dance. You will be facing 6 O'clock for restart.

Enjoy!

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