Rockin' The Arizona Light Rail

Level: Beginner

Choreographer: Pat Newell (USA) - April 2016

Music: Baby Likes to Rock It - The Tractors

Alternate music: (contemporary) Trip the Light (feat. Alcia Lemke) Garry Schyman

Senior Dancing Series LEARNING: Rocking chair, triple steps, pivot, weave

NO TAGS, NO RESTARTS

Count: 32

ROCKING CHAIR, TRIPLE, ROCK RECOVER

Rock forward on R, recover on L, back on R, recover on L 1-4 5&6-7,8 Triple to R, (RLR) rock back on L, recover on R

ROCKING CHAIR, TRIPLE, ROCK RECOVER

- 1-4 Rock forward on L, recover on R, back on L, recover on R
- 5&6-7,8 Triple to L (LRL) rock back on R, recover on L

RIGHT VINE, TRIPLE TO ¼ RIGHT, ROCK RECOVER TRIPLE ½ LEFT

- 1,2 3&4 Step R to R, L behind R, triple RLR , turning 1/4 Right 3:00
- Rock fwd on L, recover on R, triple LRL to 1/2 wall Left 9:00 5,67&8

PIVOT ¼ LEFT, WEAVE

- Step forward on R, turn ¼ left on L, step R across L, step L to side 6:00 1-4
- 5-8 Step R behind L, step L to side, step R across L, step L to side.

Begin Again

DANCE FOR THE HEALTH OF IT





Wall: 2