Count: 48
Wall: 4
Level: Phrased Intermediate
Choreographer: Weber Wen (USA) - May 2016
Music: Stressed Out - twenty one pilots : (Album: Blurryface)

INTRO: 8 counts - SEQUENCE: AB - AB - ATB - A - A - A - A

## [Part A] 32 counts

AS1: ROCK, RECOVER, $1 / 4$ TURN SHUFFLE, MAMBO, BACK-TURN-STEP
1-2 Cross R over L; Recover weight on L
3\&4 Step $R$ to side, step $L$ next $R$, turn $1 / 4$ to right stepping forward on $R(3: 00)$
5\&6 Rock forward on $L$, recover weight on $R$, step $L$ next to $R$
7\&8 Step back on R, turn 1/2 to left stepping forward on L, step forward on R (9:00)
AS2: HEEL SWITCHES, CROSS-AND-HEEL-AND, HEEL SWITCHES, CROSS-AND-HEEL-AND
1\&2\& Touch $L$ heel front, step $L$ next to $R$, touch $R$ heel front, step $R$ next to $L$
3\&4\& Cross $L$ over $R$, step $R$ to side, touch $L$ heel front diagonally, step $L$ next to $R$
5\&6\& Touch $R$ heel front, step $R$ next to $L$, touch $L$ heel front, step $L$ next to $R$
7\&8\& Cross $R$ over $L$, step $L$ to side, touch $R$ heel front diagonally, step $R$ next to $L$
AS3: CROSS-BACK-TURN, SHUFFLE x 2, CHASE $1 / 2$ TURN
1\&2 Cross $L$ over R, step back on $R$, turn $1 / 4$ to left stepping $L$ to side (6:00)
$3 \& 4 \quad$ Step forward on $R$, step $L$ next to $R$, step forward on $R$
5\&6 Step forward on $L$, step $R$ next to $L$, step forward on $L$
7\&8 Step forward on R, pivot 1/2 turn to left, step forward on R (12:00)
AS4: STEP, LOCK-STEP-STEP-LOCK-STEP-SCUFF, CROSS ROCK-AND-SIDE, CROSS ROCK-AND-SIDE-TURN
1-2\& Step forward on $L$; Lock $R$ behind $L$, step forward on $L$
3\&4\& Step slightly forward on $R$, lock $L$ behind $R$, step forward on $R$, scuff $L$ heel forward
5\&6 Cross rock $L$ over $R$, recover weight on $R$, step $L$ to side
7\&8\& Cross rock $R$ over $L$, recover weight on $L$, step $R$ to side, turn $1 / 4$ to left stepping $L$ to side (9:00)
[Part B] (16 counts) Dance only first 3 walls
BS1: SIDE, SAILOR, BEHIND-TURN-STEP, PIVOT 1/2 TURN L, $1 / 4$ TURN L SIDE, KICK-BALL
1-2\& $\quad$ Step $R$ to side; Step $L$ behind $R$, step $R$ next to $L$
3-4\& $\quad$ Step $L$ to side; Step $R$ behind $L$, turn $1 / 4$ to left stepping forward on $L$ (6:00)
5-6 Step forward on R; Pivot 1/2 turn to left (12:00)
7-8\& $\quad$ Turn 1/4 turn to left stepping $R$ to side; Kick $L$ forward, step ball of $L$ next to $R$ (9:00)
BS2: TRAVELING DIAMOND
1-2\& $\quad$ Turn $1 / 8$ to left stepping forward on $R$; Step forward on $L$, turn $1 / 8$ to left stepping $R$ to side (6:00)
3-4\& $\quad$ Turn $1 / 8$ to left stepping back on $L$; Step back on $R$, turn $1 / 8$ to left stepping $L$ to side (3:00)
5-6\& $\quad$ Turn $1 / 8$ to left stepping forward on $R$; Step forward on $L$, turn $1 / 8$ to left stepping $R$ to side (12:00)
7-8\& $\quad$ Turn $1 / 8$ to left stepping back on L ; Step back on $R$, turn $1 / 8$ to left stepping $L$ to side (9:00)
[TAG] SCUFF-HITCH-TOUCH
1\&2 Scuff R heel forward, hitch $R$ knee up, touch $R$ toe to side

* Happens one time only on Wall 3 after Part A

