

Slow Down Again

Count: 32

Wall: 4

Level: Beginner

Choreographer: Jane Nilsson (SWE) - May 2016

Music: Slow Down - Douwe Bob : (iTunes)



S1. Vine right, hitch & ¼ turn, vine left, touch

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, hitch left and turn ¼ right
- 5-6 Step left to left side, step right behind left
- 7-8 Step left to left side, touch right beside left

S2. Toe strut x 2, step turn ½, heel touch, together

- 1-2 Touch right toe forward, step down on right
- 3-4 Touch left toe forward, step down on left
- 5-6 Step forward on right, ½ turn left (weight on left)
- 7-8 Touch right heel forward, step right beside left

S3. Vine left, touch, vine right, scuff

- 1-2 Step left to left side, step right behind left
- 3-4 Step left to left side, touch right beside left
- 5-6 Step right to right side, step left behind right
- 7-8 Step right to right side, scuff left forward

On eighth wall (3 o'clock) step down on left and restart (facing 12 o'clock)

S4. Heel together x 2, shuffle forward, point, hitch

- 1-2 Touch left heel forward, step left beside right
- 3-4 Touch right heel forward, step right beside left
- 5&6 Step left forward, step right beside left, step left forward
- 7-8 Point right to right side, hitch right

Repeat
