Thunder & Lightning

Count: 64

Level: Intermediate

Choreographer: Bastiaan van Leeuwen (DE) - May 2016 Music: Friends - Blake Shelton : (iTunes)

| Intro: 32 counts | |
|--|---|
| Vaudeville R, step beside, cross over, side step, sailor step L, Cross behind, ¼ turn L step forward, 1&2 Step R over L, step L slightly back, touch R heel diagonal right forward, | |
| &3&4 | Step R next to L, cross L over R, step R to right side, |
| 5&6 | Cross L behind R, step R next to L, step L to left side, |
| 7 -8 | Cross R behind L, ¼ turn left stepping L forward, (09:00) |
| Shuffle R backwards ½ turn L, Coaster step L, Full turn L, Walk forward, | |
| 1&2 | 1/4 turn left stepping R to right side, close L next to R, 1/4 turn left stepping R back, (03:00) |
| 3&4 | Step L back, step R next to L, step L forward, |
| 5 -6 | 1/2 turn left stepping R back, 1/2 turn left stepping L forward, |
| 7 -8 | Step R forward, step L forward, |
| Kick out – out, ball cross, side step, Sailor step L ¼ turn L, step forward R, ¼ turn L, | |
| 1&2 | Kick right forward, step R to right side, step L to left side, (shoulder wide) |
| &3-4 | Step on ball of R next to L, cross L over R, step R to right side, |
| 5&6 | Cross L behind R turning ¼ turn L, step R next to L, step L to left side, (12:00) |
| 7 -8 | Step R forward, ¼ turn L, (09:00) |
| Cross Shuffle, side rock, recover ¼ turn R, ½ R walk back, coaster step L, | |
| 1&2 | Cross R over L, close L beside R, cross R over L, |
| 3 -4 | Rock L to left side, recover onto R with ¼ turn right, (12:00) |
| 5 -6 | 1/2 turn right on R stepping back on L, step back on R, (06:00) |
| 7&8 | Step L back, step R beside L, step L forward, |
| Side shuffle, cross rock, recover, side, together, step forward, walk forward, | |
| 1&2 | Step R to right side, close L beside R, step R to right side, |
| 3 -4 | Cross L over R, recover onto R, |
| 5&6 | Step L to left side, close R beside L, step L forward, |
| 7 -8 | Step R forward, step L forward, |
| Heel switches, step forward, heel twists, Coaster step R, Rock forward L, recover R, | |
| 1&2 | Touch R heel forward, step R next to L, touch L heel forward, |
| &3&4 | Step L next to R, step R forward, twist both heels to the right, twist both heels back to center, |
| | n 2nd wall facing 12:00) |
| 5&6 | Step R back, step L beside R step R forward, |
| 7 -8 | Rock L forward, recover onto R, |
| Step back L, hitch R, step back R, hitch L, coaster step, shuffle R backwards ½ turn L, sailor step ¼ turn L, | |
| 1&2 | Step L back, hitch R knee, step R back, hitch L knee, |
| 3&4 | Step L back, step R beside L, step L forward, (restart here in 4th wall facing 12:00) |
| 5&6 | ¹ / ₄ turn left stepping R to right side, close L next to R, ¹ / ₄ turn left stepping R back, (12:00) |
| 7&8 | Cross L behind R turning ¼ turn L, step R next to L, step L to left side, (09:00) |
| Kick R, cross R & touch L, Heel twists, coaster step L, Full turn L. | |
| 1&2 | Kick R forward, cross R over L, touch L to left side, |
| | |





Wall: 2

- 3&4 Twist both heels to right (facing 06:00), twist both heels back to left (facing 09:00), twist both heels to R (facing 06:00)
- 5&6 Step L back, step R beside L, step L forward,
- 7 -8 ¹/₂ turn left on L stepping R back, ¹/₂ turn left on R stepping L forward.

Watch the video on this page

http://www.bastiaanvanleeuwen.com http://video.bastiaanvanleeuwen.com/#!home