Love Me Body and Soul

Level: Improver

Choreographer: Chas Oliver (UK) - May 2016

Music: Body and Soul - Anita Baker

Alt. Music: She's in love with the Rodeo man by Don Williams Alt Music: Dream Weaver by Glen Rogers.

#24 Count intro. Start on Vocals.

Count: 48

Section 1. 2 jazz boxes traveling backwards

- 1,2,3 cross left over right, step back on right, step left to side,
- 4,5,6 cross Right over left, step back on left, step right to side.

Section 2. ¼ turn to left, 2 jazz boxes traveling backwards.

1,2,3,4,5,6 step left, cross Left over Right at the same time making ¼ turn Left, step back on Right, step Left to side, cross right over left, step back on Left. Step right to side.

Section 3. step forward , double kick, coaster step,

- 1,2,3 step forward Left, kick Right forward low kick, then kick forward slightly higher,
- 4,5,6 step back on right, step left next to right, step forward onto right.

.Section 4. Step forward double kick, sailor ½ turn.

1,2,3,4,5,6 step forward onto left, kick right forward low kick, then kick slightly higher, sweep right out and behind left, ½ turn right, step left to side, step right next to left.

Section 5. weave to right, step slide touch. Hold.

- 1,2,3 cross left over right, step right to side, step left behind right,
- 4,5,6 step large step to Right. Touch Left to Right, Hold 1 count .

Section 6. turning vine to left, cross twinkle,

1,2,3,4,5,6 Step left ¼ turn to left, ½ turn left stepping back onto right, ¼ turn left stepping onto left, cross right over left, step left to side, step right to left.

Section 7. 2 cross twinkle steps.

- 1,2,3 cross left over right, step right to side, step left to right.
- 4,5,6 Cross right over left, step left to side, step Right to left.

Section 8. 2x reverse turns.(Left then right.)

1,2,3,4,5,6 cross left over right, make ¼ turn to left step back on right, make ¼ turn left, step onto left. Cross Right over left, make ¼ turn right stepping back onto left, turn ¼ turn Right stepping onto right.

Start again

Enjoy.

*** Restart on wall 4 after section 1. **

(When dancing to Dream weaver or Don Williams there are No Restarts.)





Wall: 4