## The Pressure

	Count:	32	Wall: 4	Level: Improver / Intermediate	
Choreoc	rapher:	Allan Bund	ieneers (BEL) & Rav	mond Sarlemijn (NL) - June 2016	Ž
		-	Pressure - Laura Te		
		-	•	all change, lock behind, ½ turn right	
1		.F step forw RF behinnd			
2					
& 3		f step forwa. RF step forw			
		4 turn left	alu		
4		RF kick forw	ard		
5 °					
&		RF close LF			
6		F step left.			
7		RF lock beh			
8	7	<sup>2</sup> turn right,	weight split weighted		
S2: Right				e, ¼ turn left, sweep, sweep, sweep	
1		-	l up, but leave toes o		
2			up, but leave toes or		
3		-	up, but leave toes of	n floor	
&			el back on floor		
4	L	ift right hee.	l up, but leave toos o	on floor	
&	F	RF close LF			
5	L	F cross ove	er RF		
6	1	/4 turn lef, l	RF step back, while o	doing this sweep LF.	
7	L	.F step bacl	k, while doing this sw	veep RF.	
8	F	RF step bac	k while doing this sw	eep LF	
S3: Coas	ter step	2x camel v	valks, mambo forwar	d, coaster step	
1	L	.F step bacl	k. forward.		
&	F	RF Close LF	:		
2	L	.F step forw	ard.		
3	F	RF step forw	vard, while doing this	lock Left knee into right knee	
4	L	.F step forw	ard, while doing this	lock Right knee into left knee.	
5		RF step forw	-		
&	F	Recover wei	ght LF.		
6		Rf step back	•		
7		F step bacl			
&		RF close LF			
8		.F step forw			
S4: Knee coatserst		turn right k	ick ball change, step	o forward, ½ turn right step back, ¼ turn right	sweep,
1	-	wist both k	nees right		
2		wist both k	-		



## COPPER KNOB

- 2 Twist both knees left.
- 3 1/2 turn right, RF kick forward.
- & RF close LF.
- 4 LF step forward.
- 5 RF step forward.
- 1/2 turn right, LF step back 6

- & ¼ turn right, while doing this sweep RF.
- 7 RF step back.
- & LF close RF.
- 8 RF step forward.

TAG: before wall 4, 4 step forward ½ turn around over left, start walking with left.

START AGAIN, HAVE FUN !!!