### Get Over You



Count: 48 Wall: 0 Level: Phrased Advanced

Choreographer: Linda McCormack (UK) - June 2016

Music: Tears (feat. Louisa Johnson) - Clean Bandit



Tag: step fwd LF (1); step slightly fwd on RF (2); touch LF next to R (&); hold (3,4) weight stays on RF to Restart with B on LF

Notes: start after 32 counts, sequence- Intro, A, B,B, B,B, A,A, B, Tag, B, A,A, B

#### Intro: 16 counts

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[1-8] R nightclub basic.	. ¾ turn R. Waik X2	. rock twa. recover.	Dack. 1/4 With L	_ rock. swav x2.

1,2&	Step RF to R side (1); step ball of LF behind R (2); recover weight forward on the RF and
	slightly crossing L (&);

3,4& 1/2 turn R stepping back on the LF (3); 1/2 turn R stepping fwd on the RF (4); step fwd on the

LF (&);

5,6& Rock fwd on the RF (5); recover weight back onto the LF (6); step back on the RF (&);

7,8& 1/2 turn L stepping LF to L side (7); sway R taking weight onto RF (8); sway L taking weight

onto LF (&);

### [9-16] R nightclub basic, ¾ turn R, walk x2, rock fwd, recover, back, ¼ with L rock, sailor fwd.

1,2&	Step RF to R side (1); step ball of LF behind R (2); recover weight forward on the RF and
	slightly crossing L (&);

3,4& 1/4 turn R stepping back on the LF (3); 1/2 turn R stepping fwd on the RF (4); step fwd on the

LF (&);

5,6& Rock fwd on the RF (5); recover weight back onto the LF (6); step back on the RF (&);

7,8&a 1/4 turn L stepping LF to L side (7); Cross RF behind L (8); step LF to L side (&); step fwd on

the RF (a);

#### Part A: 16 counts

# [1-7] Step with a hitch, step, L fwd mambo, sweep, R sailor step, behind, side, ¼ heel swivels, cross, step with a sweep.

1,2&a3 Step fwd on LF with a R hitch (1); step down on RF (2); rock fwd on LF (&); step back on RF

(a); step LF slightly behind R and sweep RF round L (3);

4&a Cross RF behind L (4); rock LF to L side (&); recover weight to RF (a);

5& Cross LF behind R (5); step RF to R side (&);

Swivel L heel to R (6); swivel R heel to R (making a ¼ turn to the L) (&); cross rock LF over R

(a); as you recover on the RF sweep LF around R (7);

## [8-16&a] Behind, side, cross with a sweep, cross, side, behind sweep 1/8th, Rock fwd, back, back with cross hitch, step, fwd ½ turn pivot step, 3/8th turn sweep, R sailor fwd

8&1	Cross LF behind R (8); step RF to R side (&); cross LF over R while sweeping RF over L (1);
2&3	Cross RF over L (2); step LF to L side (&); cross RF behind L whilst sweeping LF 1/8th (7.30

wall) tracing circle on floor (should finish with ball of LF touched next to R (3);

4&5& Step weight fwd on LF (4); step back on RF (&); step back on LF as you hitch cross the RF

heel across the L shin (5); step weight forward on RF (&);

Step fwd LF (6); ½ turn R stepping fwd on the RF (&); 3/8th turn R (to face 6.00 wall)

stepping back on the LF and sweeping RF behind L (7);

8&a1 Cross RF behind L (8); step LF to L side (&); step fwd on the RF (a);

Count 1 will either be the L step forward of part A or the diagonal step forward on the LF of part B

### Part B: 32 counts

### [1-8] Dorothy steps x2 (L, R), fwd rock, recover, walks back x3 (L, R, L)

1,2& Step LF to the L diagonal (1); cross RF behind L (2); step LF to L diagonal (&);

3,4& Step RF to the R diagonal (3); cross LF behind L (4); step RF to R diagonal (&);

5,6 L rock forward (5); recover weight back onto RF (6); &7,8 Step back on LF (&); step back on RF (7); step back on the LF (8); [9-16] Large step back, together, walk x2, fwd rock, recover, out, out, in, in (travelling back.) 1,2&3,4 Large step back on RF (1,2); step LF together with RF (&); walk R (3); walk L (4); 5.6 Rock forward RF (5); recover weight back onto LF (6); &7&8 Travelling backwards step RF out to R diagonal (&); step LF out to L diagonal (7); step RF in (&); step LF in (8); [17-24] Touch fwd, heel swivel, step together, 1/8th L with rocking chair. 1,2,3,4 Touch ball of RF forward (1); twist R heel out (2); twist R heel in (3); step RF together with L Into the L diagonal rock forward on LF (4.30 wall) (5); recover weight back onto RF (6); rock 5,6,7,8 back on the LF (7); recover weight forward onto the RF (8); [25-32] 1/8th step fwd R, touch L, ¼ side, cross behind, step side, point, 1 ¼ turn. 1,2 1 /8th turn L (to 3.00 wall) step forward on LF (1); touch R toe next to LF (2); 3,4 1 /4 turn L (to 12.00 wall) stepping RF to R side (3); cross LF behind R (4); Step RF to R side (5); point L toe to L side (6); ¼ turn L stepping down on LF (7); ½ turn L 5,6,7,8

Complete another ½ L stepping forward on L for count 1 which will either be the L step forward of part A or the diagonal step forward on the LF of part B

stepping back on RF (8);