Tush Push Easy



Count: 40 Wall: 4 Level: Improver

Choreographer: Shanthie De Mel (AUS) - September 2016

Music: Earthquake - Ronnie Milsap



No Tags or Restarts. Left rotation. NOTE: This is an easy split floor dance to the Intermediate 40 count Tush Push by Jim Ferrazzano.

Alternate faster music: Chattahoochee or Summertime blues by Alan Jackson.

(1-8) HEEL FORWARD . HEEL FORWARD. TOGETHER. HOLD. x2

1, 2, 3, 4 Touch R heel forward. Touch R heel forward. Step R together. Hold.

5, 6, 7, 8 Touch L heel forward. Touch L heel forward. Step L together. Hold. (12:00)

(9-16) FORWARD. HOLD. CLAP. CLAP. x2

1, 2, 3, 4 Step R forward. Hold. Clap. Clap.

5, 6, 7, 8 Step L forward. Hold. Clap. Clap. (12:00)

(17-24) BACK. DRAG. HEEL FORWARD. HEEL FORWARD. x2

1, 2	Step R back. Drag L towards R.
3, 4	Touch L heel forward twice.
5, 6	Step L back. Drag R towards L.
7, 8	Touch R heel forward twice. (12:00)

(25-32) BACK. HIP BUMP. HIP BUMPS. HIP BUMPS. HIP BUMPS.

1, 2	Step R back. Bump right hip once.
3, 4	Bump left hip twice keeping weight on L.
5, 6	Bump right hip twice keeping weight on R.
7, 8	Bump left hip twice keeping weight on L. (12:00)

(33-40) ROCKING CHAIR. LEFT TURN 1/4 SIDE. HOLD. SIDE. CLAP.

1, 2	Rock R forward. Recover L
3, 4	Step R back. Recover L.

5, 6 Turning 1/4 left step R to right side. Hold. (9:00)

7, 8 Step L to left side. Clap. ((9:00)

Last Update: 10 Dec 2024