My Happy Idol

Count: 64

Level: Phrased Beginner

Choreographer: BM Leong (MY) - November 2016

Music: Kuai Le Chong Bai (快樂崇拜) - Will Pan (潘帥) & Angela Chang (張韶涵)

SOD: B/AAA/B/AAAA(16)/B/AA/B

Intro: 20 counts - start after the counting of "1,2,3,4 "

(A) 32 counts

- S A1 RIGHT & LEFT LINDY
- 1&2 Cha cha to right side on RLR
- Cross L behind R, recover onto R 3-4
- Cha cha to left side on LRL 5&6
- Cross R behind L, recover onto L 7-8

S A2 – RIGHT & LEFT DIAGONAL FORWARD CHA CHA, PIVOT 1/2 TURN LEFT, KICK & POINT

- 1&2 Cha cha forward along right diagonal on RLR
- 3&4 Cha cha forward along left diagonal on LRL
- 5-6 Step R forward, pivot 1/2 turn left
- 7&8 Kick R forward, step R together, point L to left side

(Replaced by kick-ball-change for 7th A before Restarting the dance)

S A3 – CROSS CHA CHA, SIDE-ROCK, CROSS CHA CHA, HALF TURN RIGHT

- 1&2 Cross cha cha on LRL
- 3-4 Rock R to right side, recover onto L
- 5&6 Cross cha cha on RLR
- 1/4 turn right step L back, 1/4 turn right step R to right side 7-8

S A4 – WALK FORWARD, SKIP-HITCH, PADDLE 1/4 TURN LEFT X 2

- 1-2 Walk forward on L. walk forward on R
- 3-4 Walk forward on L, skip L backward hitching R
- 5-6 Step R forward, paddle 1/4 turn left
- 7-8 Step R forward, paddle 1/4 turn left

(B) 32 counts

S B1 – JUMP - TOUCH X 4

- Jump R to right side touching L together, swing both hands forward and back 1-2
- 3-4 Jump L to left side touching R together, swing both hands forward and back
- 5-8 Repeat counts 1-4

S B2 – HIP BUMPS WITH HAND ACTIONS

- 1-2 Bump hips to right side stretching right hand forward, hold
- 3-4 Bump hips to left side putting left hand on top of right hand, hold
- 5-8 Bump hips RLRL switching right hand on top, then left hand on top, right hand on top and left hand on top.

S B3 – SIDE AND TOUCH X 4

- Step R to right side stretching hands forward, cross-touch L behind R pulling both elbows 1-2 back
- 3-4 Step L to left side stretching hands forward, cross-touch R behind L pulling both elbows back
- Step R to right side stretching hands forward, cross-touch L behind R pulling both elbows 5-6 back
- 7-8 Step L to left side stretching hands forward, cross-touch R behind L pulling both elbows back





Wall: 2

S B4 – HIP BUMPS MOVING FORWARD AND BACK

- 1&2 Step R forward bumping hips forward/back/forward
- 3&4 Step L forward bumping hips forward/back/forward
- 5&6 Step R back bumping hips back/forward/back
- 7&8 Step L back bumping hips back/forward/back

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