Count: 32
Wall: 4
Level: Intermediate
Choreographer: Amy Glass (USA) - November 2016
Music: There's Only One of You - Nathan Sykes : (iTunes, amazon)
\#16 count intro; starts on lyrics, 2 restarts after 16 counts on walls 2 \& 6
[1-8] $\square$ Walk x2, Anchor with Sweep, Behind, Side, Cross, Side, Together, Cross
1-2 Walk forward R, L
3\&4 Step RF to Linstep, Step LF in place, Step RF in place while sweeping LF front to back
5\&6 Step LF behind RF, RF to R, Cross LF over RF
\&7-8 Step RF to R, Close LF next to RF, Cross RF over LF
[9-16] $\square$ Rolling Full Turn R, Side Rock Cross, Rolling Full Turn L, Step Drag Opening Up $1 / 4 \mathrm{~L}$
1-2 Step back on LF turning $1 / 4$ R, Forward RF turning $3 / 4 \mathrm{R}$ (12:00)
3\&4 Rock LF to L, Recover weight on RF, Cross LF over RF
5-6 Step back on RF turning $1 / 4 L$, Forward on $L F$ turning $3 / 4 L$ (12:00)
7-8\& $\quad$ Big Step RF to R, Drag LF to RF touching LF next to RF, opening up to $1 / 4 L$ (9:00), Place weight on LF
[17-24] $\square$ Slow Skate, Shuffle to R Diagonal, Press, Drag, Step Pivot $1 / 2$
1-2 Slowly skate to $R$ diagonal ending with weight $R(10: 30)$
$3 \& 4 \quad$ Shuffle forward to $L$ diagonal (L, R, L) (7:30)
5-6 Press R foot forward (to diagonal), Drag LF back (7:30)
7-8 Step LF forward, Pivot $1 / 2$ R (1:30)
[25-32] $\square$ Rock Recover, Behind, Side, Cross, Kick with Rise, Run x2, Rocking Chair
1-2 Rock LF to L, Recover weight to RF squaring up to 3:00 wall
3\&4 Cross LF behind RF, Step RF to R, Cross LF over RF
5\&6 Kick RF forward (rise up on LF toes), Run forward on RF (dropping back to center), Forward L
7\&8\& Rock forward on RF, Recover on LF, Rock back on RF, Recover on LF

Restarts: Walls 2 \& 6 after 16 counts (return to $12: 00$ to start wall 3 and 6:00 to start wall 7 )
Ending: Dance ends after 16 counts, so under rotate for the last full turn facing the 9:00 wall so that the dance will end with the step drag to the front

Have fun!
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Last Update - 8th Dec 2016

