1000 Years



Count: 48 Wall: 2 Level: Intermediate

Choreographer: Jennifer Jou (TW) - December 2016

Music: 1000 Years by Kang Eun Soo



Intro: 16 counts - Sequence:32/48/32/48/32/Tag/48/End

Sec 1: BACK, RECOVER, FORWARD, SPIRAL FULL TURN L, FORWARD, 1/2 TURN L BACK, BACK, HOLD

1 2 3 4 Rock RF back,recover on LF,step RF forward,spiral full turn left 5 6 7 8 Step LF forward,1/2 turn L step RF back,step LF back,hold

Sec 2: BACK, RECOVER, FORWARD, HOLD, FORWARD, 1/2 TURN L BACK, 1/4 TURN L, SIDE, DRAG

1 2 3 4 Rock RF back,recover on LF,step RF forward,hold

5 6 7 8 Step LF forward,1/2 turn left step RF back,1/4 turn left step LF to left side,drag RF toward LF

Sec 3: CROSS, RECOVER, SIDE, HOLD, CROSS, FULL TURN R, SIDE, HOLD

1 2 3 4 Cross RF over LF, recover on LF, step RF to R side, hold

5 6 7 8 Cross LF over RF, make a full turn R (weight on RF), step LF to L side, hold

Sec 4:ROCK FORWARD,RECOVER,1/2 TURN R FORWARD,HOLD,1/4 TURN R, SIDE, RECOVER, CROSS, HOLD

1 2 3 4 Rock RF forward,recover on LF,1/2 turn R step RF forward,hold 5 6 7 8 1/4 turn R rock LF to L side,recover on RF,cross LF over RF,hold

Sec 5: 1/4 TURN L BACK,1/4 TURN L SIDE,CROSS,HOLD,SWAY LRL,HOLD

1 2 3 4 1/4 turn L step RF back, 1/4 turn L step LF to L side, cross RF over LF, hold

5 6 7 8 Sway L R L,hold

Sec 6: (TOGETHER, TOGETHER, SIDE, HOLD) X2

Step RF beside LF,step LF beside RF,big step RF to R side,hold 5 6 7 8 Step LF beside RF,step RF beside LF,big step LF to L side,hold

Tag:4 counts

1 2 3 4 Sway to R,hold,sway To L,hold

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