Anata 2024

Level: Phrased Easy Intermediate

Choreographer: Kenny Teh (MY) - January 2024 Music: Anata - Bai Bing Bing (白冰冰)

Dance sequence: Intro, A, A, B, A, A, A, A, A, B, A, Tag=4, B, A, A=12 Start dance after 20 counts:	
INTRO: 32 counts Part 1	
1234	Step LF to L facing L diagonal and put L index finger out
5678	Step RF to R facing R diagonal and open both palm together showing cuteness
Part 2	
1234	Step LF to L, step RF beside, step LF to L, touch RF beside
5678	Step RF to R, step LF beside, step RF to R, touch LF beside
Part 3	
1 - 8	Repeat Part 1
Part 4	
1234	Step LF to L, kick RF over LF, step RF to R, kick LF over RF
5678	Repeat above
Section A: 32 c	punts
1 2 3&4	Cross LF over RF, recover RF, step LF to L, step RF together, step LF to L
5678	Cross RF over LF, recover LF, Step RF back, recover LF
1234	Cross RF over LF, touch LF to L, Cross LF over RF, touch RF to R
5678	1/4 right turn (9.00) Step RF forward, 1/4 right turn (6.00) touch LF to L, $\frac{1}{4}$ R turn touch LF to L (9.00), $\frac{1}{4}$ R turn (12.00) touch LF to L
1234	Walk forward LRL, touch RF
5678	Walk back RLR, touch LF
1004	Shuffle diagonally forward LLDL shuffle diagonally forward D.D.D.
1234	Shuffle diagonally forward L LRL, shuffle diagonally forward R RLR
&5 &6 7&8	LF out L, RF out R, LF back centre, RF back centre Rotate shoulders RLR
Section B: 32 counts	
1 2 3 4	
	¹ / ₄ L turn (9.00)step LF forward and touch RF beside LF, bring L hand from right to left
5678	¹ / ₂ R turn step (3.00) RF forward and touch LF beside RF, bring R hand from left to right
1234	¼ L turn (12.00) step LF forward and touch RF beside LF, bring both arms from side to overhead
5&6&7 8	Both palm crossed on chest, Bending both knees step back RLRLR, hold
1234	Step LF to L, step RF beside LF, step LF to L, touch RF beside LF
5678	Step RF to R, step LF beside RF, step RF to R, touch LF beside RF
1234	1/4 L turn (9.00), step forward LRL, kick RF
5678	1/2 R turn (3.00) step forward RLF, kick LF then 1/4 L turn (facing front) to start section A again





Count: 64 **Wall:** 1

Tag=4 count1 - 4Sway hips LRLR

Last Update - 29 Jan. 2024 - R1