# Momma, It's My Soul



Count: 32 Wall: 4 Level: Beginner

Choreographer: Forty Arroyo (USA) - December 2016

Music: It's My Soul - Lynn August



#### \*\* Dedicated to The Webster Senior Center Line Dancers \*\*

#### Start on Vocals

## [1-8]□STOMP R, HOLD, LEFT SHUFFLE FORWARD - REPEAT

1,2 Stomp right slightly forward, Hold

3&4 Shuffle forward: Step forward on L, Step R next to L, Step forward on L

5-8 REPEAT steps 1 thru 4 above

## [9-16]□BACK, TOUCH, BACK, TOUCH - REPEAT

1,2 Step back on R (right diagonal), Touch L next to R3,4 Step back on L (left diagonal), Touch R next to L

5-8 REPEAT steps 1 thru 4 above

## [17-24] VINE RIGHT WITH A HITCH (OR TOUCH), VINE LEFT WITH 1/4 L WITH HITCH OR TOUCH

1-4 Step R to side, Step L behind R, Step R to side, Hitch L (or touch L next to R)

5-8 Step L to side, Step R behind L, Step forward on L turning ½ to left, Hitch R (or touch R next

to L)

## [25-32] TOUCH, STEP, TOUCH, STEP, HEEL TAP, STEP, HEEL TAP, STEP

1-4 Touch R out to side, Step R next to L, Touch L out to side, Step L next to R

5,6 Tap R heel forward (right diagonal), Step R next to L7,8 Tap L heel forward (left diagonal), Step L next o R

Start over.... and remember... if you MESS UP...CRACK UP!!

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