

One Life, One Love

Count: 32

Wall: 2

Level: Improver

Choreographer: Guillaume Richard (FR) - January 2017

Music: Don't Let This Feeling Fade by Lindsey Stirling



Start of the dance : After 16 counts

[1-8] : STEP & HEEL FANS X2 – STEP ½ TURN – COASTER STEP

- 1&2& Step RF forward – Spread heels outside – Back with the heels in – Step RF next to LF
- 3&4& Step LF forward – Spread heels outside – Back with the heels in – Step LF next to RF
- 5-6 Step RF forward – Making ½ turn L and keep weight on RF
- 7&8 Step LF backward – Step RF next to LF – Step LF forward

[9-16] : SCUFF – STEP – WEAVE – SWIVEL WITH ARMS MOVEMENT

- 1-2 Scuff RF – Step RF to R (make a ¾ circle with your arms by L side and finish with arms at shoulders height)
- 3&4 Cross LF behind RF – Step RF to R – Cross LF over RF (keep your arms as count 2)
- 5&6 Step RF to R with R toe in – R toe out (arms as count 2) – Keep arms parallel pushing them down and turn your face down with
- 7&8 R toe in – R heel in (keep arms as count 6) – R toe back in the middle (Lay hands on top of each other at shoulder height)

[17-24] : CROSS – SIDE – WEAVE – TRIPLE FULL TURN – PONY STEPS BACK

- 1-2 Cross RF over LF – Step LF to L
- 3&4 Cross RF behind LF – Step LF to L – Cross RF over LF
- 5&6 Making ½ turn L stepping LF forward – Step RF next to LF – Making ½ turn L stepping LF forward (full turn on site)
- 7&8 Step RF backward and hitch L knee – Step LF next to RF – Step RF backward and hitch L knee

[25-32] : Coaster Step – Scoot – Scuff & Touch – Rock Back

- 1&2 Step LF backward – Step RF next to LF – Step LF forward
- 3&4 Scuff RF – Hitch R knee (with a little jump) – Step RF forward
- 5&6 Scuff LF – Step LF forward – Touch R toe behind LF
- 7-8 Put weight on RF (Put your hands on top of each other at shoulder height and look back in the same time) – Recover on LF

TAG : At wall 6, do the next 8 counts following the beat of the music

- 1-2-3&4 Stomp RF – Clap your hands – Stomp LF – Clap your hands – Clap your hands
- 5-8 Repeat the first 4 counts