

Young Forever

COPPER KNOB
STEPSHEETS

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Alison Metelnick (UK) & Peter Metelnick (UK) - January 2017

Music: Young Forever - High Valley



Start after 32 count intro on vocals

Music Available from Amazon

[1-8] R cross step, L side rock/recover, L cross step, $\frac{3}{4}$ L reverse turn, R fwd, $\frac{1}{4}$ L pivot turn

1-4 Cross step R over L, rock L side, recover weight on R, cross step L over R

5-8 Turning $\frac{1}{4}$ left step R back, turning $\frac{1}{2}$ left step L forward, step R forward, pivot $\frac{1}{4}$ left (12 o'clock)

[9-16] R cross point, L cross point, $\frac{1}{4}$ R jazz cross

1-4 Cross step R over L, point L side, cross step L over R, point R side

5-8 Cross step R over L, step L back, turning $\frac{1}{4}$ right step R side, cross step L over R (3 o'clock)

[17-24] R side, close L tog, R side rock/recover, R back rock/recover, R side, close L tog

1-4 Step R side, step L together, rock R side, recover weight on L

5-8 Rock R back, recover weight on L, step R side, step L together

[25-32] R side rock/recover, R back rock/recover, R fwd, $\frac{1}{2}$ L pivot turn, L fwd full turn

1-4 Rock R side, recover weight on L, rock R back, recover weight on L

5-8 Step R forward, pivot $\frac{1}{2}$ left, turning $\frac{1}{2}$ left step R back, turning $\frac{1}{2}$ left step L forward (9 o'clock)

Optional walk forward on counts 31-32

[33-40] R fwd rock/recover, R back lock step, $\frac{1}{2}$ L & walk fwd R, cross L over R

1-4 Rock R forward, recover weight on L, step R back, lock step L in front of R

5-8 Step R back turning $\frac{1}{4}$ left, turning $\frac{1}{4}$ left step L forward, step R forward, cross step L over R (3 o'clock)

WALL 3 RESTART: During wall 3 which starts facing back wall, on count 40 facing left side wall 'step L fwd' & Restart

[41-48] R side, L rock back/recover, L side, cross R behind L, $\frac{1}{4}$ L step L fwd, walk fwd R/L

1-4 Step R side, rock L back, recover weight on R, step L side

5-8 Cross step R behind L, turning $\frac{1}{4}$ left step L forward, step R forward, step L forward (12 o'clock)

[49-56] R rocking chair, R fwd, $\frac{1}{4}$ L pivot turn, walk fwd R/L

1-4 Rock R forward, recover weight on L, rock R back, recover weight on L

5-8 Step R forward, pivot $\frac{1}{4}$ left, step R forward, step L forward (9 o'clock)

[57-64] $\frac{1}{2}$ L pivot turn, R fwd lock step, L fwd lock step

1-2 Step R forward, pivot $\frac{1}{2}$ left (3 o'clock)

3-8 Step R forward, lock L behind R, step R forward, step L forward, lock R behind L, step L forward

(These steps go very slightly forward in your line of dance)

Website: www.thedancefactoryuk.co.uk - Email: info@thedancefactoryuk.co.uk

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