Save Me

Count: 32

Level: Intermediate

Choreographer: Geneviève Le Gars - January 2017

Music: "Save Me" - The Parakit

Intro:16 counts

Translation by: Adrian Helliker - adrianhelliker1@gmail.com

[1-8] SYNCOPATED FWD ROCKS LEFT & RIGHT. RIGHT ROLLING VINE. TOUCH

- 1-2& Rock right forward, recover onto left, right beside left
- 3-4& Rock left forward, recover onto right, left beside right
- Make a 1/4 turn right and step forward on right foot, make 1/2 turn right and step back on left 5-6 foot
- 7-8 Make a ¼ turn right and step right foot to right side, touch left toe next to right foot

[9-16] LEFT CHASSE FWD, FULL TURN, ¼ TURN LEFT, SIDE STEP RIGHT, DRAG, ROCK STEP LEFT

- 1&2 Step left forward, step right beside left, step left forward
- 3-4 1/2 left (pivot) and right back, 1/2 left (pivot) and step left forward (12h)
- 5-6 ¹/₄ turn left (9h) and step right, drag left to right (drag)
- 7-8 Rock left back, recover onto right

Restart: on the 8th wall after 16 counts, replace the 16th count by a right foot Touch next to the Left foot And Resume at the beginning of the dance

[17-24] SPIRAL ¾ TURN RIGHT, R SIDE ROCK, RIGHT SAILOR STEP, LEFT SAILOR STEP

- 1-2 Step Left foot in front of right foot, unwind ³/₄ turn right (6 o'clock) (right foot to left)
- 3-4 Right foot to the right (rock), return to the Left Foot
- 5&6 Step Right behind (on the plant), Step Left to Left, Step Right to Right
- Step Left Right (on the Plant), Right Foot Right, Step Left To Left 7&8

[25-32] RIGHT ROCK STEP FORWARD, RIGHT ANCHOR STEP BACK, SWEEP SWEEP L & R, R, SAILOR 1/4 TURN R

- 1-2 Rock Right forward, recover on Left
- 3&4 Step right back, step left in front right, step right back
- Sweep the sole of the foot Left from front to back and place Left foot behind, sweep the sole 5-6 of the Right From front to back and place Right foot behind Left,
- 7 & 8 1/4 turn left (3h) and Left foot behind, Right foot to the right, Left foot to left

TAG: After the 2nd and 9th wall make the first 4 counts of the dance and go back to the beginning SYNCOPATED FWD ROCKS LEFT & RIGHT

- 1-2 & Rock right foot forward, step back on left foot, step right foot next to left
- 3-4 & Step Left forward (rock), step back on Right Foot, Gather Left Foot next to Right Foot

Ending: At the end of the last wall you will be on the 6h, make the next 4 counts JAZZ BOX ½ TURN RIGHT

1-4 Cross right over left, ¼ turn to left, step back on left, ¼ turn to left, step left forward

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REPEAT & HAVE FUN





Wall: 4