Just Hold On



Count: 32 Wall: 4 Level: Improver

Choreographer: Katie Terrett (WLS) - March 2017

Music: Just Hold On - Louis Tomlinson & Steve Aoki



Quick Intro - Start on vocals 'You' ("Wish that you"....)

SECTION 1: Forward Shuffles x2. Cross, Turn 1/4. Back Rock.

1&2 R shuffle forward3&4 L shuffle forward

5-6 Cross R over L, Turn 1/4 R stepping back on L

7-8 Back rock R, recover L

SECTION 2: Triple 1/2 Turn x2. Cross Rock. Chasse Turn 1/4 R.

1&2 Turn 1/2 L shuffling back R,L,R3&4 Turn 1/2 L shuffling forward L,R,L

5-6 Cross Rock R, recover L

7&8 Chasse R (side R, close L, Turn 1/4 R stepping forward R)

SECTION 3: Syncopated Rocks Forward. Sailor 1/4 Turn Cross. Side Rock.

1-2& Rock L forward, recover R, step L next to R

3-4 Rock R forward, recover L

5&6 Cross R behind L, make ¼ turn R stepping L to side. Cross R over L

7-8 Side Rock L, recover on R

SECTION 4: Behind, Side, Cross. Hinge ½ Turn. Kick Ball Change. Step ½ Turn.

1&2 Cross L behind, side R, cross L

3-4 Turn ¼ L stepping back on R. Turn ¼ L stepping L to side.

5&6 R Kick ball change 7-8 Step R ½ Turn L.

Start Again!

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'Just Hold On' is a tribute song to the artist Louis Tomlinson's Mother who passed away in 2016. Age 43.