

Praying

Count: 32

Wall: 4

Level: High Improver

Choreographer: Jessica van Ostaeyen (DE) - March 2017

Music: Praying - Tom Grennan



Start after 16 counts (10 secs – just before lyrics start!)

[1-8] Jazz Box L, Rock Fwd L, ½ Turn L, Point, Hold

- 1-2 cross left over right, step back on right
- 3-4 step left to left, step right forward
- 5-6 rock forward on left foot, ½ turn over left shoulder (weight on right)
- 7-8 point left foot forward, hold

Restart Here On Walls 2 & 6

[9-16] Lock Step L, Step-Touch, ¼ Turn R, Hold

- 1-2 step left forward, lock right foot behind left, step left forward
- 3-4 step left forward, step right forward
- 5-6 touch left behind right foot, step back with left
- 7-8 ¼ right on right, hold (optional: open arms hands facing heaven)

Restart Here On Wall 4

[17-24] Grapevine R, Touch, ½ Turn Left, Touch, Step

- 1-2 cross left over right, step right to right
- 3-4 cross left behind right, step right to right
- 5-6 touch left foot besides right foot, ½ left with left foot
- 7-8 touch right foot besides left foot, step right to right

[25-32] Lock Step L Back, Slow Coaster Step, Walk 2x

- 1-2 step back with left foot, lock right foot in front of left foot
- 3-4 step back with left foot, step back with right foot
- 5-6 close left foot besides right, step forward on right foot
- 7-8 walk forward left, right

Insert Tag Here After Wall 8:

- 1-2 step left forward, go down with right knee (genuflection)
- 3-4 come up again and put weight on right foot

Restarts: Restart After 8 Counts On Wall 2 & 6, Restart After 16 Counts On Wall 4

Tag: Insert Tag At The End Of The 8th Wall

Contact: jessica@anima-physio.com