# 15 In a 30

**Count: 32** 

Level: Improver

Choreographer: Jason Cowls - March 2017

Music: Body Like a Back Road - Sam Hunt

### Restart - Wall 5, after 16 counts (follows the ball, change)

# LOCK STEP RIGHT, LOCK STEP LEFT, RIGHT ROCK STEP, BACK, ¼ LEFT SAILOR STEP,

- 1&2 Step forward R, step L behind R, step forward R
- 3&4 step forward L, Step R behind L, step forward L
- 5&6 Step R forward, recover weight back on L, Step back on R
- 7&8 Cross step L behind right making a ¼ turn to L, Step R to right side, Step L fwd (9:00)

# SCISSORS STEPx2, RIGHT ROCK STEP, WALK BACK, BALL CHANGE

- 1&2 Rock R to right side, recover weight L, Cross R over L
- 3&4 Rock L to left side, recover weight R, Cross L over R
- 5&, 6, 7, 8& Rock R forward, recover weight back on L, Step back R, L, Step back R, recover L

### (Restart here- Wall 5, after 16 counts (follows the ball change))

### ROCKING CHAIR x2, WEAVE, 1/4 L turn

1&2& R fwd step - recover weight on L - R back step - recover weight on L,

- 3&4& R fwd step - recover weight on L - R back step - recover weight on L making a 1/4 turn left
- 5&6&7&8 Step R to R, Step L behind R, Step R to R, Step L in front of R, turn ¼ L as you Step R to R, weight on L, Step forward on R

### FULL TURN, MAMBO, RIGHT SAILOR, LEFT SAILOR

- 1/2 turn R stepping back on L foot, 1/2 turn R step forward on R 1,2
- 3&4 Rock forward L, replace R, step L next to R
- 5&6 R behind L - L step slightly to L side - R side step
- 7&8 L behind R - R step slightly to R side - L side step

### Step sheet written by Cindi Massengale - Contact: dancewithcindi@aol.com





Wall: 4