

Sweet Blindness

Count: 40

Wall: 2

Level: High Beginner

Choreographer: Sonja Hemmes (USA) - April 2017

Music: Sweet Blindness - The 5th Dimension : (Album: The Ultimate 5th Dimension)



Dance Starts 16 beats in

S1: ROCK, RECOVER, ROCK, SCUFF, ROCK, RECOVER, ROCK, SCUFF

- 1-4 Rock right forward, recover onto left, rock right forward, scuff
- 5-8 Rock left forward, recover onto right, rock left forward, scuff

S2: COASTER FORWARD, COASTER BACK WITH HOLDS

- 1-4 Step right forward, step left next to right, step right back, hold
- 5-8 Step left back, step right back next to left, step left forward, hold

S3: 2 x 1/8 PIVOT TURNS, JAZZ BOX CROSS

- 1-2 Step forward on right, 1/8 pivot turn left
- 3-4 Step forward on right, 1/8 pivot turn left
- 5-6 Cross right over left, step back on left
- 7-8 Step right to right side, cross step left over right

S4: STEP RIGHT TO RIGHT SIDE, HIP BUMPS, STEP LEFT TO LEFT SIDE, HIP BUMPS

- 1-4 Step right to right side, touch left next to right, bump hips left, right
- 5-8 Step left to left side, touch right next to left, bump hips right, left

S5: STEP TOUCH TURNING 1/4 LEFT, SCUFF, ROCKING CHAIR

- 1-2 Step right to right side, touch left next to right
- 3-4 Step left to left side turning 1/4 left, scuff with right
- 5-6 Rock right forward, return weight on left
- 7-8 Rock right back, return weight on left

DANCE RHYTHM – Dance the same 40 count dance when music is slow or fast

Slow rotations are 1, 5, 9

****2 RESTARTS:**

*1st will be at the 4th rotation at the 6 o'clock wall after 24 counts, you will be facing the 3 o'clock wall, Restart the dance

**2nd will be at the 8th rotation facing the 9 o'clock wall after 24 counts, you will be facing the 6 o'clock wall, Restart the dance

ENDING: At the end of the 12th rotation, you will be facing the 6 o'clock wall, the music stops, dance the rock, recover, rock, scuff 3 times to the left until you are facing the 12 o'clock wall. A few musical notes return to end the dance.