Head & Heart

9,10



Count: 32 Wall: 4 Level: Improver

Choreographer: Jan Brookfield (UK) - May 2017

Music: The Head and Heart - David Starr



A gentle two-step style line dance (S,S,QQ,S) Start after 11 secs on vocals.

Section 1 : SWAY x 2, SIDE, CLOSE, FORWARD; SWAY x 2, SIDE, CLOSE, FORWARD		
1,2	Step R to right side swaying hips to right, transfer weight onto L swaying hips left	
3&4	Step R to right side, close L to R, step R forward	
5.6	Step L to left side swaving hips to left, transfer weight onto R swaving hips right	

7&8 Step L to left side, close R to L, step L forward

Rock R forward, recover onto L

Section 2: ROCK, RECOVER, COASTER, ROCK, RECOVER, ½ TURN SHUFFLE

11&12	Step R back, step L next to R, step R forward
13,14	Rock L forward, recover onto R
15&16	Making a half turn over left shoulder shuffle forward on L,R,L (6 o'clock)

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Section 3: STEP, ¼ PIVOT, CROSS SHUFFLE, ROCK SIDE, RECOVER, BEHIND, SIDE, CROS		
	17,18	Step R forward, pivot a quarter turn left transferring weight onto L (3 o'clock)
	19&20	Shuffle across in front to left side on R,L,R
	21,22	Rock L to left side, recover onto R
	23&24	Step L behind R, step R to right side, step L across in front of R

Section 4: 1/4 TURN PADDLES x 2. REVERSE SAILOR STEP x 2 (S.S.S.S. QQ.S.QQ.S.)

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25,26	Step R to right side, pivot quarter turn left transferring weight onto L	
27,28	Repeat steps for counts 25,26 (now facing 9 o'clock)	
29&30	Step R across in front of L, step back L out to left side, step R out to right side	
31&32	Step L across in front of R, step back R out to right side, step L out to left side	
*** TAG NEEDED HERE AFTER WALLS 2 AND 5		

*** TAG 4 COUNTS: SIDE, TOUCH, SIDE, TOUCH

1,2,3,4 Step R to right side, touch L next to R; step L to left side, touch R next to L