

# There's Nothing Holdin' Me Back

**COPPER** **KNOB**  
BY STEPHENETS

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Sue Ann Ehmann (USA) - May 2017

Music: There's Nothing Holdin' Me Back - Shawn Mendes : (CD: Illuminate)



## Music Available on amazon and iTunes

### Intro: 16 counts (lyrics)

#### [1-8] □ SAMBA, CROSS, BALL, CROSS, SIDE ROCK-RECOVER, 3/4 RIGHT TRIPLE

- 1&2 Step right across left, rock left to side, recover right stepping slightly forward  
3&4 Step left across right, ball step right to side, step left across right  
5-6 Rock right to side, recover left  
7&8 Turn 1/4 right stepping right to side, step left beside right, turn 1/2 right stepping right forward (9:00)

#### [9-16] □ FORWARD ROCK-RECOVER, 1/2 LEFT TRIPLE, RIGHT WIZARD, LEFT WIZARD

- 1-2 Rock left forward, recover right  
3&4 Turn 1/4 left stepping left to side, step right beside left, turn 1/4 left stepping left forward (3:00)  
5-6& Step right diagonally forward, lock left behind right, step right diagonally forward  
7-8& Step left diagonally forward, lock right behind left, step left diagonally forward

#### [17-24] □ ROCK FORWARD, & ROCK FORWARD, & TOUCH, KICK, & TOUCH, KICK

- 1-2 Rock right forward, recover left,  
&3-4 Step right beside left, rock left forward, recover right  
&5-6 Step left beside right, touch right beside left, kick right forward  
&7-8 Step right beside left, touch left beside right, kick left forward

#### [25-32] □ STEP, CROSS, BRUSH/SWEEP, 1/4 RIGHT SAILOR, SIDE ROCK, RECOVER, & SIDE, TOUCH

- &1-2 Step left beside right, step right across left, brush left beside right  
3&4 Sweep left behind right, turning 1/4 right rock right to side, recover left to side - (6:00)  
5-6 Rock right to side, recover left  
&7-8 Step right beside left, step left to side, touch right beside left

#### [33-40] □ DIAGONAL STEP, HOLD, SAILOR FORWARD, DIAGONAL STEP, HOLD, SAILOR FORWARD

- 1-2 Step right to forward right diagonal, hold  
3&4 Drag left behind right, rock right to side, recover left diagonally forward  
5-6 Step right to forward right diagonal, hold  
7&8 Drag left behind right, rock right to side, recover left diagonally forward

#### [41-48] □ CROSS, BACK, TRIPLE DIAGONALLY BACK, CROSS, BACK, 1/4 LEFT TRIPLE

- 1-2 Step right across left, step left back  
3&4 Step right diagonally back, step left beside right, step right diagonally back  
5-6 Step left across right, step right back (squaring up to 12:00)  
7&8 Turning 1/4 left step left to side, step right beside left, step left to side (3:00)

#### [49-56] □ JAZZ BOX, ROCK, RECOVER, COASTER

- 1-4 Step right across left, step left back, step right to side, step left beside right  
5-6 Rock right forward, recover left  
7&8 Step right back, step left beside, right, step right forward

#### [57-64] □ ROCK, RECOVER, TRIPLE FULL TURN LEFT, RIGHT VINE 1/4 STEP

- 1-2 Rock left forward, recover right  
3&4 Make a full turn left stepping left, right, left in place (3:00)  
5-8 Step right to side, step left behind right, turning 1/4 right step right forward, step left beside right□(6:00)

**BEGIN AGAIN!**

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**Last Update - 8th May 2017**

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