First Punch



Count: 32 Wall: 4 Level: High Beginner

Choreographer: Ed Evangelista (USA) - May 2017

Music: First Punch - Heather Richardson



Intro: Begin on lyrics, no tags, no restarts. Yeah!!

CROSS ROCK, SHUFFLE, CROSS ROCK SUFFLE

1-2 Cross rock R over L, recover to L

3&4 Side shuffle right-left-right

5-6 Cross rock L over R, recover to R

7&8 Side shuffle left-right-left

WIZARD RIGHT, WIZARD LEFT, ROCK RECOVER COASTER STEP

1-2& Step R diagonal right, step L behind R, step on R3-4& Step L diagonal left, step R behind L, step on L

5-6 Rock forward on R, recover L

7&8 Step R back, step on L next to R, step forward on R

PIVOT 1/4 TURN SYNCOPATED WEAVE, SIDE ROCK SYNCOPATED WEAVE

1-2 Step forward on L, pivot ¼ turn shift weight to R3&4 Step L behind R, step R to side, cross L over R

5-6 Rock R side right, recover on L

7&8 Step R behind L, step L to side, cross R over L with weight on R

ROCKING CHAIR, COASTER STEP, CROSS ROCK RECOVER

1-2 Rock forward on L, recover to R

3&4 Step back on L, step R together, step forward on L

5-6 Cross R over L, recover to L

7-8 Rock R side right, recover weight to L

START OVER & ENJOY!!

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