

Just Relax

Count: 32

Wall: 4

Level: Beginner

Choreographer: Adriano Castagnoli (IT) - April 2017

Music: Bye Bye - Jo Dee Messina : (Album: I'm Alright - 1998)



[S1] RIGHT SIDE, STOMP UP, LEFT SIDE, SCUFF, CROSS, STEPS BACK, CROSS

- 1-2 Step Right To Right Side, Stomp Up Left Beside Right
- 3-4 Step Left To Left Side, Scuff Right Beside Left
- 5-6 Cross Right Over Left, Step Left Back
- 7-8 Step Right Back, Cross Left Over Right

[S2] MONTEREY 1/2 TURN RIGHT (TWICE) AND HOOK LEFT

- 1-2 Touch Right Toe To Right, On Ball Of Left Make 1/2 Turn Right Stepping Right Beside Left
- 3-4 Touch Left Toe To Left Side, Step Left Beside Right
- 5-6 Repeat 1-2
- 7-8 Touch Left Toe To Left Side, Hook Left Over Right (*)

[S3] WEAWE LEFT, ROCK LEFT, STOMP UP LEFT (TWICE)

- 1-2 Step Left To Left Side, Cross Right Behind Left
- 3-4 Step Left Diagonally Back To Left, Cross Right Over Left
- 5-6 Rock To Left Side On Left, Rock Onto Right On Place
- 7-8 Stomp Up Left Beside Right (Twice)

[S4] ROCK LEFT, JAZZ BOX 1/4 TURN LEFT AND STOMP UP, ROCK BACK RIGHT

- 1-2 Rock To Left Side On Left, Rock Onto Right On Place
- 3-4 Cross Left Over Right, Step Right Back
- 5-6 Step Left 1/4 Turn Left, Stomp Up Right Beside Left
- 7-8 Rock Back On Right, Return Onto Left

REPEAT

*RESTART: on first wall, after 2nd sequence of the 5th repetition (don't make Hook Left but Step Left Beside Right)