

# Rhythm In My Soul

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 1

**Level:** Improver

**Choreographer:** Roger (leftfoot) Hunter (USA) - January 2017

**Music:** Got a Lotta Rhythm In My Soul - Niamh Lynn



(Starts on lyrics)

## **SIDE ROCK-R, SAILOR STEP, SAILOR STEP-L 1/4, STEP TOUCH-R**

- 1-2 step right to right recover on left,
- 3&4 step right behind left, step left to left side, step right next to left.
- 5&6 step left behind right, step right to right side, step left next to right (1/4) turn to left (facing 9:00)
- 7-8 Step right to right, touch left next to right.

## **SIDE ROCK-L SAILOR STEP, SAILOR STEP R 1/4, STEP TOUCH-L**

- 1-2 step left to left, recover on right,
- 3&4 step left behind right step right to right side, step left next to right.
- 5&6 step right behind left, step left to left side, step right next to left (1/4) turn to right (facing 12:00 )
- 7-8 step left to left, touch right next to left

## **PIVOT HITCH, STEP, COASTER HEAL, STEP LOCK STEP, STEP TOUCH.**

- 1-2 pivot 1/4 on left & hitch right knee on 1, step right to right, (facing 9:00)
- 3&4 step left behind right, step right back slightly, step left heel in front of right (1/8) diagonal to left (facing 7:30)
- 5&6 step left forward, step right behind left, step left forward. (1/8) turn to left (facing 6:00)
- 7-8 step right to right, touch left next to right.

## **ROCK RECOVER, TRIPLE 1/2, SHUFFLE BACK, STEP TOUCH**

- 1-2 step left back recover on right,
- 3&4 step left forward, step right beside left, step left beside right (1/2) turn to right (facing 12:00 )
- 5&6 step right back, step left back to right, step right back.
- 7-8 step left back, touch right next to left.

**Contact:** [rogerleftfoot@gmail.com](mailto:rogerleftfoot@gmail.com)