

# Easy Rumba – One Night At a Time

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Ultra Beginner

**Choreographer:** Debra Cleckler (USA) - July 2017

**Music:** One Night At a Time - George Strait

or: Any good Rumba music



---

## [1-8] □ Rumba Box

- 1-2 Step side right, step together left,
- 3-4 Step back right, hold
- 5-6 Step side left, step together right,
- 7-8 Step forward left, hold.

## [9-16] □ Cross Rock Side Hold X 2

- 1-2 Cross Rock right over left, recover weight to left,
- 3-4 Step side right, hold,
- 5-6 Cross Rock left over right, recover weight to right,
- 7-8 Step side left, hold

## [17-24] □ Cucarachas (Side-Rock-Together) Right and Left

- 1-2 Side rock right, recover weight to left,
- 3-4 Step right together beside left, hold
- 5-6 Side rock left, recover weight to right,
- 7-8 Step left together beside right, hold

## [25-32] □ ¼ Left Turn, Left Cucaracha

- 1-2 Step forward right, turn ¼ left placing weight on left,
- 3-4 Step right together beside left, hold,
- 5-6 Side rock left, recover weight to right,
- 7-8 Step left together beside right, hold

**Repeat**

**Note:** In George Strait's "One Night at a Time" there is a pause or slowdown in the music at the end of wall 9 (you will be facing 9 o'clock) – just roll your hips for four counts and start again when the music picks up!

**Contact:** [debb@cleckler.com](mailto:debb@cleckler.com) - 770-456-6244.

---