

# The Bruk Out

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Non Country Newcomer – Novice  
- Funky



**Choreographer:** Paul Steinborn (DE) - July 2017

**Music:** The Bruk out Song - RDX

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## STEP HITCH 3x/ RUN BACK R+L+R/ STEP OUT/ KNEE TWIST/ BODY PUSH

- 1,2 RF Step diagonal forward, LF Step together, RF hitch  
&3&4 RF Step diagonal forward, LF Step together, RF hitch, RF Step diagonal forward, LF Step together, RF hitch  
5&6 Step backwards on RF, Step backwards on LF, Step backwards on RF,  
&7&8 Step out on LF Turn both knees to middle, Turn both knees out, Push Body forward

## SIDE ROCK R/ SIDE ROCK L/ STEP FORWARD, ¼ TURN R, BEHIND, ¼ TURN R WITH STEP TOGETHER LF,

- 1,2& Rock RF to R side, Recover onto L, Close RF next to L  
3,4& Rock LF to L side, Recover onto R, Close LF next to R  
5,6 Step forward RF, ¼ Turn R with Side LF  
7,8 Cross RF behind LF, ¼ Turn L with Step together LF next to RF

## LOCK STEP R+L/ OUT 2x/ IN 2x/

- 1,2& Step R diagonal forward, Lock L behind R, Step R diagonal forward  
3,4& Step L diagonal forward, Lock R behind L, Step L diagonal forward  
5&6& Step R heel to right side, Step L heel to left side, Step R back to centre, Step L next to R  
7&8& Step R heel to right side, Step L heel to left side, Step R back to centre, Step L next to R

## ¼ PIVOT TURN L 2x/ OUT – OUT – IN – IN WITH ¼ TURN L (WITH SHAKING THE BODY)

- 1,2 R Step forward, ¼ Turn L, Step LF to L  
3,4 R Step forward, ¼ Turn L, Step LF to L  
5&6& Step RF to right side, Step LF to left side with 1/8 Turn L (with shaking the Body)  
7&8& Step RF back to centre, Step LF back to centre with 1/8 Turn L (with shaking the Body)

**Have Fun while you dancing!**

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