

# Sigulempong

**Count:** 88

**Wall:** 2

**Level:** Beginner

**Choreographer:** Rusti Simanihuruk - July 2017

**Music:** "Sigulempong" – by Nahum Situmorang, Vocal : Trio Lamtama dan Kasim



**Intro : 36 counts**

## **WALK FORWARD, WALK FORWARD, SHUFFLE, WALK FORWARD, WALK FORWARD, SHUFFLE,**

- 1-2 Step R forward, Step L forward
- 3&4 Shuffle R forward on R-L-R
- 5-6 Step L forward, Step R Forward
- 7&8 Shuffle L forward on L-R-L

## **ROCK RECOVER, SAILOR, SAILOR, UNWIND**

- 1-2 Rock R forward, Recover on L
- 3&4 Cross R behind L, Step L to left side, step R in place
- 5&6 Cross L behind R, Step R to right side, step L in place
- 7-8 Touch R toe behind L, unwind ½ right

## **ROCKING CHAIR, WALK FORWARD, WALK FORWARD, SHUFFLE**

- 1-2 Rock L forward, Recover on R
- 3-4 Rock L back, Recover on R
- 5-6 Step L forward, step R forward
- 7&8 Shuffle L forward on L-R-L

## **WALK FORWARD, WALK FORWARD, SHUFFLE, ROCK RECOVER, SAILOR**

- 1-2 Step R Forward, Step L forward
- 3&4 Shuffle R forward on R-L-R
- 5-6 Rock L forward, Recover on R
- 7&8 Cross L behind R, Step R to right side, step L in place

## **SAILOR, UNWIND, ROCKING CHAIR**

- 1&2 Cross R behind L, Step L to left side, step R in place
- 3-4 Touch L toe behind R, unwind turn ½ L
- 5-6 Rock R forward, Recover on L
- 7-8 Rock R back, Recover on L

## **FORWARD, POINT, FORWARD, POINT, HITCH, BACK, HITCH, POINT**

- 1-2 Step R forward, Point L to left side
- 3-4 Step L forward, Point R to right side
- 5-6 Hitch R, Step R back
- 7-8 Hitch L, Point L to left side

## **FORWARD, POINT, FORWARD, POINT, HITCH, BACK, POINT, STEP**

- 1-2 Step L forward, Point R to right side
- 3-4 Step R forward, Point L to left side
- 5-6 Hitch L, Step L back
- 7-8 Point R to right side, Step R beside L

## **TWIST, TWIST, TWIST, TWIST, JAZZ BOX, STEP**

- 1-2 Twist both heels to left side, Twist both toes to left side
- 3-4 Twist both heels to left side, Twist both toes to center

5-6 Cross R over L, Step back on L  
7-8 Step R to right side, Step L beside R

**TWIST, TWIST, TWIST, TWIST, JAZZ BOX, TURN 1/4 L**

1-2 Twist both heels to right side, Twist both toes to right side  
3-4 Twist both heels to right side, Twist both toes to center  
5-6 Cross L over R, Step back on R  
7-8 Turn ¼ L step L to L side, Step R beside L

**TWIST, TWIST, TWIST, TWIST, JAZZ BOX, STEP**

1-2 Twist both heels to left side, Twist both toes to left side  
3-4 Twist both heels to left side, Twist both toes to center  
5-6 Cross R over L, Step back on L  
7-8 Step R to R side, Step L beside R

**TWIST, TWIST, TWIST, TWIST, JAZZ BOX, TURN 1/4 L**

1-2 Twist both heels to right side, Twist both toes to right side  
3-4 Twist both heels to right side, Twist both toes to center  
5-6 Cross L over R, Step back on R  
7-8 Turn ¼ L step L to L side, touch R beside L

**TAG : After Wall 1st, 4th ( 4 count )**

1-2 Step R to right side, Step L to left side  
3-4 Step R to right side, Step L to left side

**Restart : After Wall 3rd ( 36 Count)**

**Ending :**

**TWIST, TWIST, TWIST, TWIST, JAZZ BOX, STEP**

1-2 Twist both heels to left side, twist both toes to left side  
3-4 Twist both heels to left side, twist both toes to center  
5-6 Cross R over L, Step Back on L  
7-8 Step R to right side, Step L beside R

**TWIST, TWIST, TWIST, TWIST, JAZZ BOX, STEP**

1-2 Twist both heels to right side, twist both toes to right side  
3-4 Twist both heels to right side, twist both toes to center  
5-6 Cross L over R, Step back on L  
7-8 Step L to left side, Step R beside L

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