

# Catch Feels (aka Feels)

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Easy Intermediate

**Choreographer:** Amy Christian (USA) - August 2017

**Music:** Feels (feat. Pharrell Williams, Katy Perry & Big Sean) - Calvin Harris



**Intro: 32 counts. Start on Lyrics.**

**SIDE, TOUCH, SIDE, TOUCH, ¼ R COASTER, ½, ½ TOG, LOOK RIGHT-BEND BACK-SNAP, LOOK FWD-CLAP,**

- 1&2& Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,  
3&4 ¼ R Coaster step turning left, (Prep), [9:00],  
5&6 ½ Turn right, stepping L back, ½ Turn right, stepping R fwd, Step L next to R,  
7-8 Look right as you bend upper body back & Snap fingers by hips(7), Look forward & Straighten up(8),

**R COASTER, SCUFF L, HITCH L, STOMP, ¼ RIGHT TWISTING HEELS, BUMP R, BUMP L,**

- 1&2 R Coaster Step,  
3&4& Scuff L, Hitch L, Stomp L, Twist both heels to left side make ¼ right, (Bump), [12:00]  
5&6 Continue to twist both heels, R,L,R,L,R,L,R,L, moving slightly left, transferring weight to L, (Add Bumps),  
7-8 Bump R, Bump L,

**(Option – Don't do Bumps. Instead keep twisting heels on counts &7&8)**

**BIG STEP TO R, LONG WEAVE , CROSS, ¼, ¼,**

- 1 Take a big step to right on R,  
2&3& Step L behind R, Step R to side, Step L across R, Step R to right side,  
4&5 Step L behind R, Step R to right side, Step L across R,  
6-8 Cross R over L, ¼ right, stepping L back, ¼ right, stepping R out to side, [6:00]

**ROCK OUT, RECOVER, BALL, ROCK OUT, RECOVER, ¼ ROCK BACK ON R, RECOVER FWD ON L, ½ , ½,**

- 1-2& Rock L out to left side, Recover on R (out), Step L next to R,  
3-4 Rock R out to right side, Recover on L (out),  
5-6 ¼ right, Rock back on R [9:00], Recover stepping fwd on L,  
7-8 ½ turn left, stepping back on R [3:00], ½ turn left, forward on L [9:00], (or Walk, Walk).

**Start over!**

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