

# From The Ground Up Baby

**COPPER** KNOB  
STEPSHEETS

Count: 24

Wall: 4

Level: Beginner waltz

Choreographer: Linn Trehag (NOR) - September 2017

Music: From the Ground Up - Dan + Shay



**Restart: 18th wall after 12 counts facing 9.00**

**(1-6) Walk forward x2**

1,2,3 Walk forward L

4,5,6 Walk forward R

**(7-12) Rock step, walk back x2, drag**

1,2,3 Rock forward on L, recover on R, step back on L

4,5,6 Step back on R, drag L beside R over 2 counts

**\*Restart in wall 18\***

**(13-18) Long step, drag x2**

1,2,3 Long step L to L, drag R beside L over 2 counts

4,5,6 Long step R to R drag L beside R over 2 counts

**(19-24) 1/4 turn L , Sweep, jazzbox**

1,2,3 1 /4 turn L stepping L forward, sweep R from back over 2 counts

4,5,6 Cross R over L, step L back, step R beside L

**Restart in wall 18, start again after 12 counts**

**End the dance with:**

1,2,3 Walk forward L

4,5,6 Walk forward R

7,8,9 1/4 turn L stepping L forward, sweep R from back over 2 counts

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