Ride Me Down Easy

Count: 64

Level: Novice - Country

Choreographer: Tjwan Oei (NL) - October 2017

Music: Ride Me Down Easy - by Bernie Heaney - also by CC Cooper

S01: Toe strut to the right side – Chasse – Step ¼ turn left back – Touch	
1&2&	RF. step toe to right side – RF. set heel down – LF. cross toe over RF, - LF. set heel down
3&4&	RF. step toe to right side – RF. set heel down – LF. cross toe over RF. – LF. set heel down
5&6	RF. step to right side – LF. step together – RF. step to right side
7-8	LF. step ¼ turn left back – RF. touch beside LF. [9]
S02: Step diag . right forward – Lock behind – Shuffle fwd . – Rock forward – Recover – Coaster step	
1-2	RF. step diagonally to right forward – LF. lock behind RF.
3&4	RF. step forward – LF. step together – RF. step forward
5-6	LF. rock forward – Recover weight onto RF.
7&8	LF. step back – RF. step together – LF. step forward
S03: Step to right side – Cross behind – Side step – Cross over – Step ¼ turn left back – Vine to left with ¼ turn right – Touch	
1-2	RF. step to right side – LF. cross behind RF.
3&4	RF. step to right side – LF. cross over RF. – RF. step ¼ turn left back [6]
5-6	LF. Step to left side – RF. cross behind LF.
7-8	LF. step 1/4 turn right to left side – RF. touch beside LF. [9]
7-0	
S04: Rocking chair – Pivot ½ turn left – Pivot ¼ turn left	
1-2	RF. step forward – Recover weight onto LF.
3-4	RF. step back – Recover weight onto LF.
5-6	RF. step forward – RF./LF. step ½ turn left [3]
7-8	RF. step forward – RF./LF. step ¼ turn left [12]
S05: Military full turn (Right turning)	
1-2	RF. step ¼ turn right forward – LF . step together [3]
3-4	RF. step ¼ turn right forward – LF. step together [6]
5-6	RF. step ¼ turn right forward – LF. step together [9]
7-8	RF. step ¼ turn right forward – LF. step together [12]
S06: Rock fwd . – Recover – Shuffle ½ turn right – Step ¼ turn right fwd . – Together – Right cross shuffle	
1-2	RF. rock forward – Recover weight onto LF.
3&4	RF. step ¼ turn right forward – LF. step ¼ turn right forward – RF. step together beside LF. [6]
5-6	LF. step ¼ turn right to left side – RF. step together [9]
7&8	LF. cross over RF. – RF. step to right side – LF. cross over RF .
S07: Walk forward (R – L – R) – Kick forward – Walk back (L – R) – Coaster step	
1-2	RF. step forward – LF. step forward
3-4	RF. step forward – LF. kick forward
5-6	LF. step back – RF. step back
7&8	LF. step back – RF. step together – LF. step forward
S08: Cross over – Step back – Step to right side – Cross over – Step ¼ turn left back – Rock back – Rec . – Shuffle forward	
1-2	RF. cross over LF. – LF. step back
3&4	RF. step to right side – LF. cross over RF. – RF. step ¼ turn left back [6]





Wall: 2

5-6 LF. rock back – Recover weight onto RF.

7&8 LF. step forward – RF. step together – LF. step forward

REPEAT:

After wall Three - Dance Section 05 till the end .

END :

Sung by Bernie Heaney : Dance Section 08 till the end – Sung by CC Cooper : Dance Section 07 & 08 till the end .

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