Have A Nice Day (有美好的一天) (zh)

Count: 64 **Wall:** 4 **Level:** Easy Intermediate
Choreographer: Amy Yang (TW) - 2017年10月
Music: Have a Nice Day - WORLD ORDER

Intro : 16 counts

Sec. 1: SIDE, BESIDE, SIDE CHASSE, CROSS, RECOVER, SIDE CHASSE

1-2,3&4	Step RF to R, Step LF beside RF, Step RF to R, Step LF beside RF, Step RF to R
5-6,7&8	Cross LF over RF, Recover onto RF, Step LF to L, Step RF beside LF, Step LF to L
1-2,3&4	右足右踏,左足併於右足旁,右足右踏,左足併於右足旁,右足右踏
5-6,7&8	左足交叉右足前,重心回右足,左足左踏,右足併於左足旁,左足左踏

Sec. 2: WEAVE TOUCH(L&R)

1 - 4	Cross RF over LF, Step LF to L, Cross RF behind LF, Touch LF to L
5 - 8	Cross LF over RF, Step RF to R, Cross LF behind RF, Touch RF to R
1 - 4	右足交叉左足前,左足左踏,右足交叉左足後,左足左踏
5 - 8	左足交叉右足前,右足右踏,左足交叉右足後,右足右踏

Sec. 3: ROCKING CHAIR(x2)

1 - 4	Step RF forward, Recover onto LF, Step RF back, Recover onto LF
5 - 8	Step RF forward, Recover onto LF, Step RF back, Recover onto LF
1 - 4	右足前踏, 重心回左足, 右足後踏, 重心回左足
5 - 8	右足前踏, 重心回左足, 右足後踏, 重心回左足

Sec. 4: SIDE, RECOVER, CROSS SHUFFLE, HALF TURN R STEP, FORWARD SHUFFLE

1-2,3&4	Step RF to R, Recover onto LF, Cross RF over LF, Step LF to L, Cross RF over LF
5-6,7&8	1/4 turn R step LF back, 1/4 turn R stepping RF forward, Step LF forward, Lock RF behind LF, Step LF forward(06:00)
1-2,3&4	右足右踏,重心回左足,右足交叉左足前,左足左踏,右足交叉左足前
5-6,7&8	右轉 1/4 左足後踏,右轉 1/4 右足前踏,左足前踏,右足鎖步於左足後,左足前踏 (06:00)

Sec. 5: SIDE, RECOVER, BACK, RECOVER, SIDE, RECOVER, CROSS SHUFFLE

1 – 4	Step RF to R, Recover onto LF, Step RF back, Recover onto LF
5-6,7&8	Step RF to R, Recover onto LF, Cross RF over LF, Step LF to L, Cross RF over LF
1 – 4	右足右踏,重心回左足,右足後踏,重心回左足
5-6,7&8	右足右踏,重心回左足,右足交叉左足前,左足左踏,右足交叉左足前

Sec. 6: 3/4 TURN R, FORWARD SHUFFLE, FORWARD, RECOVER, TOUCH, BACK

1-2,3&4	1/4 turn R step LF back, 1/2 turn R stepping RF forward, Step LF forward, Lock RF behind LF, Step LF forward(03:00)
5 - 8	Step RF forward, Recover onto LF, Touch RF to R, Step RF back
1-2,3&4	右轉 1/4 左足後踏,右轉 1/2 右足前踏,左足前踏,右足鎖步於左足後,左足前踏 (03:00)
5 - 8	右足前踏,重心回左足,右足側點,右足後踏

Sec. 7: BACK, RECOVER, TOUCH, FORWARD, PIVOT 1/2 TURN L(x2)

1 - 4	Step LF back , Recover onto RF, Touch LF to L, Step LF forward
5 - 8	Step RF forward, Pivot 1/2 turn L step on LF, Step RF forward, Pivot 1/2 turn L step on LF(03:00)
1 - 4	左足後踏,重心回右足,左足側點,左足前踏
5 - 8	右足前踏, 左轉 1/2左足踏, 右足前踏, 左轉 1/2左足踏(03:00)

Sec. 8: OUT-OUT, IN-IN, JUMP OUT(R&L), HOLD, JUMP IN(R&L), HOLD

1 - 4	Step RF forward R diagonal, Step LF forward L diagonal, Step RF back to center, Step LF together RF
&5 - 6	Jump RF to R, Jump LF to L(same time, one count), Hold
&7- 8	Jump RF in center, Jump LF together RF(same time, one count), Hold
1 - 4	右足右斜前踏,左足左斜前踏,右足後踏,左足併於右足旁
&5 - 6	右足右跳,左足左跳(同時的一拍),停拍
&7- 8	右足跳中心,左足跳併右足旁(同時的一拍),停拍

Start again

Tag : (8 COUNTS)
FULL TURN R, SIDE, TOUCH(L&R)

1 - 4	Cross LF over RF, Full turn R step weight onto RF(03:00)
5 - 8	Step RF to R, Touch LF beside RF, Step LF to L, Touch RF to LF
1 - 4	左足交叉左足前,右轉圈重心踏右足(03:00)
5 - 8	右足右踏,左足點收於右足旁,左足左踏,右足點收於左足旁

Restart/Tag : During walls 4, After 32 counts, add a tag of 8 counts (facing 03:00)
重新開始/加拍:第四面牆，跳到32拍，加跳8拍(面向03:00)

Ending : During walls 5, after 32 counts(facing12:00), change “1/2 Turn R FORWARD SHUFFLE”, to 3/4 Turn R FORWARD SHUFFLE to the front
結束:第五面牆，跳32拍(面向12:00)，將“右轉 1/2 前進交換步”,改成”右轉 3/4前進交換步回到正面”

Have Fun & Happy Dancing!

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