

# Lonely For You Only

**COPPER** KNOB  
BY STEPHEN METZ

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Alison Metelnick (UK) & Peter Metelnick (UK) - October 2017

**Music:** Lonely for You Only - Midland



**Start after 32 count intro when the beat kicks in (approx. 27secs) – 109bpm – 3mins 49secs**

**Music Available: Amazon**

**[1-8] R chassé, L back rock/recover, L/R step touches**

- 1&2 Step R side, step L together, step R side
- 3-4 Rock L back, recover weight on R
- 5-6 Step L side, touch R together
- 7-8 Step R side, touch L together

**[9-16] L chassé, R back rock/recover, R/L step touches**

- 1&2 Step L side, step R together, step L side
- 3-4 Rock R back, recover weight on L
- 5-6 Step R side, touch L together
- 7-8 Step L side, touch R together

**[17-24] R fwd shuffle, L fwd shuffle, R fwd, ¼ L pivot turn, R fwd, ¼ L pivot turn**

- 1&2 Step R forward, step L together, step R forward
- 3&4 Step L forward, step R together, step L forward

**TAG/RESTART: On walls 5 & 10 which start facing front wall, dance first 20 counts and add the following 4 count Tag – R jazz box cross – and then Restart the dance again facing the front wall.**

**[1-4] Cross step R over L, step L back, step R side R, cross step L over R**

- 5-6 Step R forward, pivot ¼ left (9 o'clock)
- 7-8 Step R forward, pivot ¼ left (6 o'clock)

**[25-32] R cross point, L cross point, ¼ R jazz box cross**

- 1-2 Cross step R over L, point L side
- 3-4 Cross step L over R, point R side
- 5-6 Cross step R over L, turning ¼ right step L back (9 o'clock)
- 7-8 Step R side, cross step L over R

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**Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P**