Be Your Number 1



Count: 32 Wall: 4 Level: High Beginner

Choreographer: Rudy Honing (NL) - January 2018

Music: The Tide Is High - Billie Piper



Section 1: Walk R/L Forward, Mambo R Forward, Shuffle L Back, ½ Turn R, Walk L/R Forward

1-2	Step RF Forward, Step LF Forwa	rط
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3&4 Step RF forward, Weight back on LF, Step RF back5&6 Step LF Back, Step RF next LF, Step LF back

&7-8 Turn ½ to the right on RF, Step LF forward, Step RF forward

Section 2: Shuffle L Forward, Mambo R Forward, Back, Side with 1/4 Turn R, Cross Shuffle L

1&2	Step LF forward, Step RF next LF, Step LF forward
3&4	Step RF forward, Weight back on LF, Step RF back
5–6	Step RF back, Make 1/4 to the right, Step RF to the right
7&8	Step LF across RF, Step RF to the side, Step LF across RF

Section 3: Side Rock R, Behind-Side-Cross, Side Rock L, Sailorstep 1/4 Turn L

1-2	Step RF	to the right side.	Weight back on LF

3&4 Step RF behind LF, Step LF to the left side, Step RF across LF

5-6 Step LF to the left side, Weight back on RF

7&8 LF cross behind RF, 1/4 turn L with RF beside LF, LF forward

Section 4: Pivot ½ Turn L, Shuffle R forward, ¾ Turn R, Shuffle L Forward

1-2 Step RF forward, Turn ½ to the Left

3&4 Step RF forward, Step LF next RF, Step RF forward

5-6 Make ¼ Turn to the right, Step LF to the left, Make ½ to the right, Step on RF

7&8 Step LF forward, Step RF next LF, Step LF forward

Start over

Stepchange & Restart Wall 4 : Dance Section 1 Till count 7

Count 8: Touch R toe next LF & Restart

Contact: www.honeybeez.nl