1200 Days



Count: 32 Wall: 2 Level: Intermediate

Choreographer: Mathew Sinyard (UK) - February 2018

Music: 1200 Days - Erick Baker



Intro: 32 Counts (start on 'WORDS')

Section 1	I · Sida	Rack Rock Si	de Rehind Side	Cross Unwind 3/4	Cross Shuffla

12&	Step right foot to right side, rock left foot behind right, recover right.
3 4 &	Step left foot to left side, step right behind left, step left foot to left side.

5 6 7 Cross right foot in front or left, over 2 counts unwind \(^3\)4 turn left.

8 & 1 Cross right in front of left, step left slightly to left, cross right in front of left.

Section 2: Side Rock Cross, Side Rock Cross, ¼, Side, Cross Shuffle.

2 & 3	Rock left foot to left side, recover on to right, cross left in front of right.
4 & 5	Rock right foot to right side, recover on to left, cross right foot in front of left.
6 7	Make a ¼ turn right stepping back on left, step right foot to right side.
8 & 1	Cross left foot in front of right, step right slightly to right, cross left in front of right.

Section 3: Sweep Cross Side Behind, Sweep Behind Side Cross, ¼ Hitch Walk R L, Mambo. 2 & 3 Sweep right foot across left, step left to left side, cross right behind left.

4 & 5	Sweep left foot behind right, step right foot to right side, cross left foot in front of right.
6 7	Make a ¼ turn left as you hitch and step right foot forward, step forward on left foot.

8 & 1 Rock forward on right foot, recover on to left, step right beside left.

Section 4: ½, ¼, Back Rock Side, Back Rock Side, Change Weight (Sway).

2.3 Make a $\frac{1}{2}$ turn left stepping forward left, make $\frac{1}{4}$ turn left stepping right foot to right side	23 1	Make a ½ turn left	stepping forward left	, make ¼ turn lett s	stepping right foot to	right side.
--	------	--------------------	-----------------------	----------------------	------------------------	-------------

4 & 5
6 & 7
Rock left behind right foot, recover on to right, step left to left side.
Rock right foot behind left, recover on to right, step right to right side.
Change weight from right to left (optional sway as you change weight).

*Pauses - End of walls 1, 2 & 3: -

At the end of wall 1 pause and start wall 2 on the word "DAYS"

At the end of wall 2 pause and start wall 3 on the word "HANDS"

At the end of wall 3 very slight pause before starting wall 4 as he sings "I ASKED"

**Tag end of wall 5 (6:00) & end of wall 6 to finish **

Side Back Rock Side, Behind Side, Cross Unwind Full turn, Hold/Pause.

1 2 & Step right foot to right side, rock left foot behind right, recover right.
3 4 & Step left foot to left side, step right behind left, step left foot to left side.
5 6 7 8 Cross right foot in front or left, over 3 counts unwind a full turn left.

Then hold for 4 counts starting wall 6 on the word "Word".

Contact: Mathew Sinyard - www.inlinewedance.co.uk - inline.wedance@gmail.com