

No Tomorrow

Count: 32

Wall: 4

Level: Improver

Choreographer: Frank Heelan (IRE) - March 2018

Music: Love Me a Little Bit Longer - Lisa Stanley



Intro: 32 counts - start on vocal.

Sec. 1: Side, together, chasse right, rock back recover, pivot ½ turn.

- 1-2 Step right to right, left together.
- 3&4 Step right to right, left together, right to right.
- 5-6 Rock back on left, recover to right
- 7-8 Step forward left, pivot ½ turn right. (Weight to right) (6.00)

Sec. 2: Rock step, coaster step, walk, walk, chasse ¼ turn.

- 1-2 Rock forward left, recover to right.
- 3&4 Step back left, right together, forward left.
- 5-6 Walk forward, right, left.
- 7&8 Turn ¼ left, step right to right, left together, right to right.

Sec. 3: Rock back, recover, side behind, side, cross, side rock, recover.

- 1-2 Cross left behind right, recover to right.
- 3-4 Step left to left, step right behind.
- 5-6 Step left to left, cross right over left.
- 7-8 Rock left to left. recover to right.

Sec. 4: Rock recover, shuffle ½ turn, right rocking chair.

- 1-2 Rock forward left, recover to right.
- 3&4 Turn ¼ left step left to left, right together, turn ¼ left step forward left.
- 5-6 Rock forward right, recover to left.
- 7-8 Rock back right, recover to left.

Tag. Wall 9 section 3. Dance up to count 23 hold for 1 then restart dance facing 3.00

Contact: heelanjohnl@gmail.com
