

# Hands Up

**COPPER KNOB**  
STEPPERS

**Count:** 48

**Wall:** 1

**Level:** Beginner - Line and Wheelchair

**Choreographer:** Sonja Hemmes (USA) - March 2018

**Music:** Hands Up - Ottawan



**Start after 48 Counts**

**\*While this dance was choreographed for people in wheelchairs, it is fun for all dancers**

## COASTER FORWARD

- 1-2 Step right forward, step left forward next to right
- 3-4 Step right back, step left back next to right
- 5-6 Step right forward, step left forward next to right
- 7-8 Step right back, step left back next to right

**Styling:** Each time you step forward, raise both hands up

Each time you step back, lower your hands

## STEP TOUCHES TO THE SIDE

- 1-2 Step right to right side, touch left next to right
- 3-4 Step left to left side, touch right next to left
- 5-6 Step right to right side, touch left next to right
- 7-8 Step left to left side, touch right next to left

**Styling:** -

Each time you step touch to the right, sway hands to the right

Each time you step touch to the left, sway hands to the left

## COASTER FORWARD

- 1-8 Repeat steps 1-8 Coaster Forward and repeat styling

## STEP TOUCHES TO THE SIDE

- 1-8 Repeat steps 9-16 Step Touches to the Side and repeat styling

## STEP TOUCHES FORWARD, BACK DIAGONALLY (K-STEP)

- 1-2 Step right forward diagonally, touch left next to right
- 3-4 Step left back diagonally, touch right next to left
- 5-6 Step right back diagonally, touch left next to right
- 7-8 Step left forward diagonally, touch right next to left

## VINE RIGHT, VINE LEFT WITH TOUCHES

- 1-4 Step right to the right, step left behind right, step right to the right, left touch
- 5-8 Step left to left side, step right behind left, step left to left side, right touch

**TAG:** At the end of the 6th rotation, there is an 8 count tag. Repeat vine right, vine left with touches.

**RESTART:** After the tag, dance counts 1-32. Restart and dance counts 1-32 again