You Are Reliable

Count: 32

Level: Beginner

Choreographer: Ron Bloye (UK) - April 2018

Music: I Turn to You (Stonebridge R & B Radio Mix) - Melanie C : (EP - Slow Version)

Music available on Amazon & iTunes

- Intro : 16 Counts 1 Restart: Wall 6 after 16 counts
- Sect: 1 Side Together Chasse Right Cross Rock ¼ Shuffle (9 o'clock).
- 1 2 Step Right to Right Side Close Left beside Right.
- 3&4 Step Right to Right Side Close Left beside Right Step Right to Right Side.
- 5 6 Cross Left over Right Recover on Right.
- 7&8 ¼ Turn Left Shuffle Forward Left Right Left. (9.oclock).

Sect: 2 - ¼ Turn Left - Right Shuffle Forward - Rock Recover Coaster Step.

- 1 2 Step Forward Right Turn ¼ turn on Left. (6.o'clock).
- 3&4 Right Shuffle Forward Right Left Right. .
- 5 6 Rock Forward Left Recover on Right.
- 7&8 Step back Left Step Right next to Left Step Forward Left.

Sect: 3 - Rock Recover - 1/2 Turn Shuffle - Walk - Walk - Mambo Step.

- 1 2 Rock Forward Right Recover on Left.
- 3&4 ¹/₂ Turn Shuffle (over Right Shoulder) Right Left Right. (12 o'clock).
- 5 6 Walk Forward Left Walk Forward Right.
- 7&8 Mambo Step Left Forward Recover on Right Step Left Back.

Sect: 4 - Walk Back - Right - Left - 1/4 Turn Sailorstep - Rock Rec - Coaster Cross.

- 1 2 Walk Back Right Walk Back Left.
- 3&4 Cross Right Behind Left ¼ turn Rock Left to Left Step on Right (3 o'clock).
- 5 6 Rock Forward Left Recover on Right.
- 7&8 Step Back Left Step Right Beside Left Cross Left Over Right.

Restart on Wall 6 after 16 counts.

Ending: Last wall Starts on (3 o'clock) Dance 16 counts then Rock Rec turn 1/4 (12 o'clock)

Dance intended to introduce - a ¼ Turn Sailorstep to Beginners

Music:- On iTunes type in Melanie C E P - click on "see all" and scroll down to No 34 (3.36)

Many thanks to Ann-Kristen Sandberg (Norway), who sent me the music.





Wall: 4