On The Loose



Count: 32 Wall: 4 Level: Improver

Choreographer: Joe Thompson (USA) - April 2018

Music: On the Loose - Niall Horan



2 Cross Rocks, 2 Half Turns

1&2	Cross R over L, recover L, return R back home(keep weight on R)
3&4	Cross L over R, recover R, return L back home(keep weight on L)

5-6 Step R forward, make Left half turn onto L

7-8 Step R forward, make Left half turn but keeping weight on R foot

Rock, Recover, 1/2 Turn Right Triple, 2-1/8 Right turns, 1/4 Right turn & Slide Left foot

1-2	Step back rocking I	back on L foot	rock forward onto R

3& Step forward onto L making a ¼ turn Right, Step back R making ¼ turn(facing 6)

4 Step L next to R foot

5-6 Step forward diagonal right onto R, Step forward Left making another 1/8 turn right 7-8 Step R to right making ¼ turn right(now facing 12), Slide L over to R(taking weight)

Jazz Square w/ 1/4 turn Right, 2 Hook Triples

1-Z CIOSS IN OVEL L. SIED L DACK WHILE LUTTING 1/O LUTTI ING	1-2	Cross R over L, Step L back while turning 1/8 turn Right
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3-4 Step R to Right while turning 1/8 turn Right, Step L next to R(taking weight)

Hook R behind L, recover weight to L, Replace R back to Right side Hook L behind R, recover weight to R, Replace L back to Left side

Accelerated Grapevine Right, Full Turn Left on L foot with R foot sweep

&1&2
&3-4
Step R to right, Cross L over R, Step R to Right, Cross L behind R
&3-4
Step R to right, Cross L over R, Step R forward keeping weight on L

5-6-7-8 Do full turn spin on L foot while sweeping R foot

Optional Paddle Turns in place of full turn spin

5-6-7-8 Keep weight on L foot and do 4 ¼ turn paddles w/ R foot

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