# **Looking Back**



Count: 32 Wall: 4 Level: High Improver

Choreographer: Frank Heelan (IRE) - July 2018

Music: I Lived It - Blake Shelton

Intro: 16 Counts



1-2-3 Cross right over left. Point left to left. Cross left over right.

Step right to right. Left together. Step back right.Step back left. Right together. Step forward left.

8 Turn ½ left on ball of left back right. (6.00)

## Sec. 2: Rock back recover. Side rock step. Turn. Turn. Mambo step.

1-2 Cross rock left behind right. Recover to right.3&4 Rock left to left. Recover to right. Step forward left.

5-6 Turn ½ left stepping back on right. Turn ½ left stepping forward on left.

7&8 Rock forward right. Recover to left. Step right together. (6.00)

## Sec. 3: Turn ¼ left sway left sway right. Sailor ¼ left. Chasse right. Sailor ¼ left.

1-2 Turn ¼ left sway left and right. (3.00)

3&4 Sweep left around behind right turning ¼ left. Recover to right. Step left to left.(6.00)

5&6 Step right to right. Left together. Right to right.

7&8 Sweep left around behind right turning ½ left. Recover to right. Step left to left (9.00)

### Sec. 4: Walk right left. Side rock cross. Side rock cross. Side rock recover.

1-2 Walk forward right and left.

Rock right to right. Recover to left. Cross right over left. Rock left to left. Recover to right. Cross left over right

7-8 Rock right to right. Recover to left.

## TAG: There is a 4 count Tag end of wall 1 facing 9.00 and end of wall 4 facing 12.00.

#### Right Mambo forward. Left mambo back.

1&2 Rock forward on right. Recover to left. Step right next to left.

3&4 Rock back on left. Recover to right. Step left together.

Contact: heelanjohnl@gmail.com