

# Messed It Up

Count: 32

Wall: 4

Level: Improver

Choreographer: Ryan King (UK) - August 2018

Music: Cheat - Emily Burns



**Intro: 16 counts, start on vocals. No Tags or Restarts.**

**Music goes slightly out of synch towards the end, just dance through it.**

## **R Cross Point, R Step, Behind Side Cross, Rock Recover 1/4 R Shuffle**

- 1 2            Point R toe in front of L, step R to R side.
- 3 & 4        Step L behind R, step R to R side, step L in front of R.
- 5 6           Rock R to R side, recover 1/4 onto L. (9 o'clock)
- 7 & 8        Step R forward, step L next to R, step R forward.

## **L Mambo, Walk Back R L, R Coaster Cross, & Rock Cross**

- 1 & 2        Rock L forward, recover onto R, step back L.
- 3 4           Walk back R, L.
- 5 & 6        Step back R, step L next to R, step R in front of L.
- & 7 8        Rock L to L side, recover onto R, step L in front of R.

## **R Rock Recover, Behind 1/4 Step, L Rock Recover, 1/2 x 2**

- 1 2           Rock R into R corner, recover onto L
- 3 & 4        Step R behind L, step 1/4 on L, step forward R. (6 o'clock)
- 5 6           Rock forward L, recover onto R.
- 7 8           Step 1/2 L (12 o'clock), step 1/2 R (6 o'clock)

## **L Coaster, 1/4 R Jazz Box, R Side Rock Recover**

- 1 & 2        Step back L, step R next to L, step forward L.
  - 3 4           Cross R over L, step back L.
  - 5 6           Make 1/4 R stepping R to R side, cross L over R. (9 o'clock)
  - 7 8           Rock R to R side recover onto L.
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