

# Please Mama Please

**COPPER** **NOB**  
BY STEPHEN BRETZ

**Count:** 32

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Teri Rogers (USA) - August 2018

**Music:** Please Mama Please - The Top Cats



## Start dancing on lyrics

### Shuffle Right, Rock Back, Recover, Step Left, Touch Right, Step Right, Touch Left

- 1&2 Step Right to right side, step left next to right, step right to right side.
- 3-4 Rock back on Left, Recover on Right
- 5-6 Step Left to Left side, Touch Right next to Left
- 7-8 Step Right to Right side, Touch Left next to Right

### Shuffle Left, Rock Back, Recover, Step Right Touch Left, Step Left Touch Right

- 1&2 Step Left to Left side, Step right next to left, step left to left side
- 3-4 Rock back on Right, Recover on Left
- 5-6 Step Right to Right side, Touch Left next to Right
- 7-8 Step Left to Left side, Touch Right next to Left

### Angle Body toward Left Front Corner and Step Slide Step Touch on Right, Angle Body Toward Right Front Corner and Step Slide Step Touch on Left

- 1-2 Step forward diagonally on right, slide left next to right
- 3-4 Step forward on Right, Touch Left toe next to right instep
- 5-6 Step forward diagonally on Left, slide right next to left
- 7-8 Step forward on Left, Touch Right toe next to left instep

### Step Forward, Hold, Turn ¼ L, Hold, Rocking Chair

- 1-2 Step Forward on Right, Hold
- 3-4 Turn ¼ Left stepping forward on Left, Hold
- 5-6 Rock Forward on Right, Recover on Left
- 7-8 Rock Back on Right, Recover on Left

## REPEAT

**Choreographer Contact Information:** [terirogers@hotmail.com](mailto:terirogers@hotmail.com)

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