My Best Friend

Count: 32

Level: Improver

Choreographer: Victoria Rogers (CAN) - August 2018

Music: Lucky (feat. Colbie Caillat) - Jason Mraz : (iTunes)

#40 count intro: start on Colbie Caillat's verse No Tags No Restarts!

Cross, hold, kick-ball-cross, quarter swivel, rock back-recover

- 1-2 Cross L in front of R, hold
- 3&4 Kick R, step down on R, cross L in front of R
- 5-6 Step R to R side, turn ¼ to L, keeping weight on R (9:00)
- 7-8 Back cross-rock on L, recover weight to R

Step drag, behind-quarter turn, rock-recover, quick back sweeps

- 1-2 L big step to L side, drag R
- 3-4 step R behind L, turn ¼ to L stepping on L (6:00)
- 5-6 Rock fwd on R, recover weight to L sweeping R
- 7-8 Step back on R sweeping L, step back on L sweeping R

Step back with sweep, back-quarter-forward, quarter pivot, cross

- 1-2 Step back on R, sweep L
- 3-4-5 Step back on L, step R turning ¼ to R, step fwd on L (9:00)
- 6-7 Step fwd on R, turn ¼ to L, shifting weight to L (6:00)
- 8 Cross R in front of L

Quarter turn, half turn, quarter turn, rock back-recover, step side

- 1-2 Turn ¼ R stepping back on L (9:00)
- 3-4 Turn ½ R stepping fwd on R (3:00)
- 5 Turn ¹/₄ R stepping L to L side (6:00)
- 6-7 Rock back on R, recover weight to L
- 8 Step R to R side

Repeat - Enjoy!

Contact: rogersv@nili.ca





Wall: 2