Total Eclipse of the Heart



Count: 32 Wall: 4 Level: High Intermediate

Choreographer: Bonita Tam Wing Yee - October 2018

Music: Total Eclipse of the Heart (Glee Cast Version) (feat. Jonathan Groff) - Glee Cast



Intro: 4 Counts (Right foot point forward, weight on Left)

S1: R, L, R (back), Side, R 1 and 3/8 turn, Left full turn, Back L, R, 3/4 Spiral, Cross side behind

1-2&3 Right Step back, Left back, Right, Left side. (Left facing 10:30 and Right . pointing 3:00) 4&5 Step right, Turning 3/8 right. Left step back, 1/2 Right turn. Right 1/2 turn, step forward,

raising left foot, pushing both hands forward.

6& Step on Left. Right step back.

7 Sprial left 3/4 on left. Right sweeping right front.

8&1 Cross, Left side, Right behind 6:00

S2: Cross side cross, Hitch 1/2, Touch + side, Rock recover side

2&3 Left cross, Right side, Left Lunge (Arms open wide with plams facing down)

4 Right foot step beside left, knees bending down slightly (Arms bent forward, lifting a rock)

5,6 Hitching right foot, turning 1/2 right. Right step. (Arms putting down the rock)

& Left foot touch close to right.

7 Left step side. (Left arm stretching sideway and Right arm toward).

8&1 Right Rock, Left recover, Right side. (Left arm stay in position, Right arm swinging with

movement, ending upward) 12:00

S3: Cross side, Spiral turn, Lunge 1/2 turn, Kick and shuffle

2&3 (Still holding up Left arm, circling Right arm anti-clockwise) Left cross, Right side.

4 Left step, facing 1/8 left. 10:30. Spiral full turn, weight on left.

5 Right lunge forward with both arms stretched out.

6 Left foot close to right while making 1/2 left turn. 4:30 knees bent when finishing turn. (Arms

relaxed)

7 Right foot kick both arms throwing rightward.

8&1 Shuffle Right Left Right 4:30

S4: Drag touch hitch side X2, Stomp, Sit, Sway X2

2& Left foot drag touch hitch turning 1/8 Left. Step side (Left arm circling clockwise in front) 3:00

3,4 Right foot drag touch hitch side. (Right arm moving anti-clockwise)

5 Left stomp. (Left arm stretching sideway)6& Sit. Lean left. (still holding up left arm)

Sway Right. (Both arms circling upwards in front in opposite direction)
Sway Left. (Arms close up covering the heart, eyes looking down).

Ending with weight on left. 3:00

Start again with right 3:00

Ending: Dance ends on Wall 6, starting at 3:00. It ends on S3 with modification after count 2,3.

S3:

2,3 Left cross, Right side (facing 3:00)

4 Left step, turning 1/4 left.5 Spiral full turn left 12:00

6 Sway Right (both arms circling in front)

7 Sway Left (arms covering the heart and eyes looking downwards)

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