Run Free



Count: 32 Wall: 4 Level: Improver

Choreographer: Frank Heelan (IRE) - October 2018

Music: The Animal Song - Savage Garden



Intro: 16 counts.

Sec. 1: Walk, walk, shuffle, pivot ½, cros	s. side rock. recover.
--	------------------------

1-2	Walk forward.	riaht	I \sim ft
1-/	vvalk lorward	11(3111	ıeı.

3&4 Forward right, left together, forward right.

5-6 Step forward on left, pivot ½ right (Weight to right)

7&8 Cross left over right, rock right to right side, recover to left. (6.00)

Sec. 2: Cross side sailor step, cross side sailor step.

1-2	Cross	riaht	over lef	t sten	left to left.
1-4	01033	HIGHL	OVEL ICI	ເ, ວເບບ	icit to icit.

3&4 Rock right behind, recover to left, right to right.

5-6 Cross left over right, step right to right.

7&8 Rock left behind, recover to right, left to left.

Sec. 3: Rock recover, triple full turn, rock recover coaster step.

1-2 Rock forward right recover to left.

3&4 Full triple turn right, stepping right, left, right.

5-6 Rock forward on left, recover to right.

7&8 Step back left, right together, forward right. (6.00)

Sec. 4: Walk, walk, side rock recover step, rock recover, triple 3/4 left.

1-2 Walk forward right, left.

3&4 Rock right to right, recover to left, step forward right.

5-6 Rock forward left, recover right.

7&8 Triple ¾ turn left, stepping left, right, left (9.00)

Restart wall 3 dance the first 16 counts and restart facing 12.00.

Contact: heelanjohnl@gmail.com