

All For You

Count: 32

Wall: 4

Level: Improver

Choreographer: Feargal Keegan (IRE) - November 2018

Music: All for You - Years & Years



Intro: 16 counts

Tags: No –

Restarts: 1

*Wall 4: Finish section 2:

*7&8 Cross R over L, step L to L side, cross R over L

*& Step L to L side

*Start dance again

Section 1: R side rock, R cross shuffle, L step-3/4-side, R behind-side-cross (9:00)

- 1, 2 Rock R to R side, recover
- 3&4 Cross R over L, step L to L side, cross R over L
- 5&6 Step L forward, Turn 1/2 over R shoulder stepping R forward, Turn 1/4 over R shoulder stepping L to L side
- 7&8 Step R behind L, Step L to L side, Cross R over L

Section 2: Side L, R sailor-heel and cross, Step R turn, Step L turn, R cross shuffle (3:00)

- 1 Step L to L side
- 2&3 Step R behind L, step L in place, heel R
- &4 Step R down, cross L over R
- 5, 6 Turn 1/4 over L shoulder stepping R back, turn 1/4 over L shoulder stepping L to side
- 7&8 Cross R over L, step L to L side, cross R over L

Section 3: Side L, R cross-rock-side, L cross rock-side rock-cross, R side rock-cross (3:00)

- 1 Step L to L side
- 2&3 Cross rock R over L, recover, step R to R side
- 4&5 Cross rock L over R, recover, rock L to L side
- &6 Recover, Cross L over R
- 7&8 Rock R to R side, recover, cross R over L

Section 4: Jump out, hips, Jump back, hips, R sailor, L sailor (3:00)

- &1 Jump forward LR
- 2 Hips
- &3 Jump back LR
- 4 Hips
- 5&6 Step R behind L, step L in place, step R to R side
- 7&8 Step L behind R, step R in place, step L to L side

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