

Full Time Woman

COPPER KNOB
STEPPERS

Count: 32

Wall: 4

Level: Improver

Choreographer: Frank Heelan (IRE) - January 2019

Music: More Where That Came From - Cliona Hagan



Intro: 16 Counts

Restarts 2: --

First Restart on wall 3 dance first 24 counts and Restart facing 6.00.

Second Restart on wall 6 dance first 24 counts and Restart facing 12.00.

Sec 1: Cross rock, side rock, back rock, side, coaster step, turn, turn.

- 1&2& Cross rock right over left, recover to left, rock right to right, recover to left.
- 3&4 Rock right behind, recover to left, step right to right.
- 5&6 Step back left, right together, forward left.
- 7-8 Pivot $\frac{1}{2}$ right (Weight to right) turn $\frac{1}{2}$ right stepping back on left. (12.00)

Sec 2: Sailor step, behind turn step, step turn step, ball step, step.

- 1&2 Sweeping right behind left, recover to left, step right to right.
- 3&4 Step left behind, turn $\frac{1}{4}$ right stepping forward right, forward left. (3.00)
- 5&6 Step forward right pivot $\frac{1}{2}$ left stepping on left, forward right.
- &7-8 Step on ball of left, step forward ,right , left.

Sec 3: Mambo step, back, back, back, coaster step, step turn cross.

- 1&2 Rock forward on right, recover to left, step right next to left.
- 3&4 Run back, left, right, left.
- 5&6 Step back on right, left together, forward right.
- 7&8 Step forward on left, pivot $\frac{1}{4}$ right, cross left over right. (12.00)

Sec 4: Chasse right, sailor $\frac{1}{4}$ left, shuffle $\frac{1}{2}$ turn, shuffle $\frac{1}{2}$ turn.

- 1&2 Step right to right, left together, right to right
- 3&4 Sweeping left around behind right turning $\frac{1}{4}$ left, step right to right, recover to left.
- 5&6 Turn $\frac{1}{4}$ left, step right to side, left together, turn $\frac{1}{4}$ left, step back right.
- 7&8 Turn $\frac{1}{4}$ left, step left to side, right together, turn $\frac{1}{4}$ left step forward left. (9.00)

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