# Love Hate



**Count: 32** 

Wall: 4

Level: Improver

Choreographer: Harold Grimshaw (UK) - January 2019

Music: I May Hate Myself In the Morning - Lee Ann Womack

## BACK ROCK, SHUFFLE 1/2 TURN, TURN ROCK, CROSS ROCK TOUCH

- 1-2 Right Back Rock (Opening Out To Right), Recover Left
- 3&4 Right Shuffle Turning 1/2 Left (6)
- 5-6 (1 /4 Turn Left) Left Side Rock, Recover Right (3)
- 7&8 Left Cross, Recover Right, Touch Left To Left Side

#### CROSS LOCK, STEP LOCK STEP, (STEP/PIVOT) (X2)

- 1-2 Left Cross Diagonally Forward Right, Lock Right Behind
- 3&4 Left Lock Step (4.30)
- 5-8 (Right Forward, Pivot Left) (X2) Completing 3 / 8 Turn Left (12)

## CROSS, SWEEP, CROSS SIDE BEHIND, TURN 1/4 ROCK, FORWARD SHUFFLE

- 1-2 Right Cross, Sweep Left Over Right
- 3&4 Left Cross, Right Side, Left Behind
- 5-6 Right Forward 1/4 Right, Recover Left Back (3)
- 7&8 Right Shuffle Forward

## FORWARD ROCK, SHUFFLE 1/2 TURN, CROSS, BACK, FULL TURN BACK

- 1-2 Left Forward, Recover Right Back
- 3&4 Left Shuffle 1/2 Left Forward (9)
- 5-6 Right Cross, Left Back
- 7-8 Full Turn Back Right On Right, Left (Option Walk Back R L)

#### Last Update - 24 Jan. 2019

