No Sleep

Count: 32	**Wall:** 2	**Level:** Beginner / Improver

Choreographer: Angéline Fourmage (FR) - January 2019

Music: No Sleep (feat. Minelli) - Vanotek

Start : 16 counts 1 Restart – 1 Tag - Sequence : A-A-A-A-14-A-A-A-A-A-A-TAG(4 counts)-A-A

[1-8] : Step, Touch Step, Touch, Coaster step, Jazz-Box ¼ R

&1&2	LF Back, Touch RF next to LF, RF Back, Touch LF next to RF
3&4	LF Back, RF next to LF, LF FW
5-6	Cross RF over LF, LF Back
7-8	Make ¼ R with RF to R side, LF next to RF

[9-16] : Jazz-Box ½ R, Walk, Walk, Step turn ½ L

1-2	Cross RF over LF, Make ¼ R LF Back
3-4	Make ¼ R with RF to R side, LF next to RF
5-6	RF FW, LF FW* (* For restart : Make ¼ R and Touch LF next to RF)
7-8	RF FW, ½ L (weight is on LF)

[17-24] : Step Lock, Step Lock Step, Step Lock, Step Lock Step

1-2	RF FW, Cross LF behind RF
3&4	RF FW, Cross LF behind RF, RF FW
5-6	LF FW, Cross RF behind LF, LF FW
7&8	LF FW, Cross RF behind LF, LF FW

[25-32] : Monterey Turn ¼ R, Touch, Step, Together, Step, Together

1-2	Point RF to R side, Make ¼ R with RF next to LF
3-4	Point LF to L side, Touch LF next to RF
5-6	LF Back, RF next to LF
7-8	LF FW, RF next to LF (weight is on RF)

Tag : Hold 4 counts

NOTA : RF = Right foot ; LF = Left Foot ; FW = Forward
For level Advanced : Walk in the night (Gary O'Reilly & Maggie Gallagher)

Smile and enjoy the dance

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